

Fall Into Me

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Michelle Weller (UK) - November 2019
音樂: Fall Into Me - Sugarland : (Album: Love on the Inside - Deluxe Fan Edition)



Music Available on Download from iTunes & www.amazon.co.uk

Intro: 16 count intro to start with the lyrics

SIDE-ROCK BEHIND-RECOVER (X2), WALK FORWARD (X3), ½ PIVOT TURN RIGHT, STEP FORWARD LEFT.

- 1-2& Step Left to Left side (1). Rock Right foot behind Left (2). Rock forward recovering weight onto Left (&).
- 3-4& Step Right to Right side (3). Rock Left foot behind Right (4). Rock forward recovering weight onto Right (&).
- 5-6 Walk forward Left (5). Walk forward Right (6).
- 7&8 Walk forward Left. Pivot ½ turn over Right -weight ending on Right foot (&). Step forward on Left (8).

ROCK FORWARD, RECOVER & SWEEP, CROSS BEHIND, SIDE, CROSS IN FRONT, SIDE STEP & HIP SWAYS.

- 1-2 Rock forward onto Right (1), Recover weight back onto Left and Sweep Right around from front to back (2).
- 3&4 Cross Right behind Left (3). Step Left to Left side (&). Cross Right over Left (4).
- 5-8 Step Left to Left side as you sway hips Left (5). Sway hips Right (6). Sway hips Left (7). Sway hips Right- weight ending on Right (8).

CROSS BEHIND, SIDE, CROSS IN FRONT, SIDE, CROSS BEHIND & SWEEP, CROSS BEHIND, SIDE, CROSS IN FRONT, SHUFFLE ¼ TURN LEFT.

- 1-2 Cross Left behind Right (1). Step Right to Right side (2).
- 3&4 Cross Left over Right (3). Step Right to Right side (&). Cross Left behind Right (4).
- 8&5&6 Sweep Right around from front to back (&). Cross Right behind Left (5). Step Left to Left side (&). Cross Right over Left (6).
- 7&8 Step Left to Left side (7). Close Right beside Left (&). Turn ¼ turn Left stepping Left forward (8).

STEP FORWARD, PIVOT ½ TURN, STEP FORWARD, STEP FORWARD, PIVOT ½ TURN, STEP FORWARD, SIDE STEP & HIP SWAYS, CROSS BEHIND, SIDE STEP, CROSS OVER.

- 1&2 Step Right forward (1). Pivot ½ turn over Left- weight ending on Left (&). Step Right forward (2).
- 3&4 Step Left forward (3). Pivot ½ turn over Right- weight ending on Right (&). Step Left forward (4).
- 5-6 Step Right to Right side & sway hips to the Right (5). Sway hips to the Left- weight ending on Left (6).
- 7&8 Cross Right behind Left (7). Step Left to Left side (&). Cross Right over Left (8).

Start Again!

***RESTART DURING WALL 4 PLUS 4 COUNT TAG:**

Dance the first 8 counts on wall 4 then add the following 4 count Tag:

- 1-4 Step Right to Right side and Sway hips Right (1), Sway hips Left (2), Sway hips Right (3), Touch Left next to Right (4). Restart from the beginning.

****RESTART DURING WALL 9: Dance the first 8 counts of wall 9 but end touching left next to right on count 8**

so that your weight is on the right ready to restart the dance from the beginning.

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