

# Lost In Emotion

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jeffrey Callejo (USA) - November 2019  
音樂: Lost In Emotion - Lisa Lisa & Cult Jam  
或: Christmas (Baby Please Come Home) - Mariah Carey



## S1 Toe Heel Strut, Toe Heel Strut, Side Shuffle, Rock Recover

1-2            (1) Touch Right toe to right side, (2) Drop Right heel  
3-4            (3) Cross Left foot over right and touch Left toe, (4) Drop Left heel  
5&6           (5) Step Right foot to right side, (&) Step Left foot next to right, (6) Step Right foot to right side  
7-8            (7) Rock Left foot behind right, (8) Recover weight back to right foot.

## S2 Toe Heel Strut, Toe Heel Strut, Side Shuffle, Rock Recover

1-2            (1) Touch Left toe to left side, (2) Drop Left heel  
3-4            (3) Cross Right foot over Left and touch Right heel, (4) Drop Right heel  
5&6           (5) Step Left foot to left side, (&) Step Right foot next to left, (6) Step Left foot to left side  
7-8            (7) Rock Right foot behind left, (8) Recover weight back to Left foot.

## S3 Shuffle, ½ Pivot, Shuffle, ½ Pivot

1&2           (1) Step Right foot forward, (&) Step Left next to right, (2) Step Right foot forward  
3-4            (3) Step Left forward, (4) ½ turn right placing weight on right foot  
5&6           (5) Step Left foot forward, (7) Step Right next to left, (6) Step Left foot forward  
7-8            (7) Step Right forward, (8) ½ Left placing weight on left foot

## S4 Cross, Point, Cross Point, ¼ turn Jazz Box, Cross

1-2            (1) Step Right foot forward and across left, (2) Touch Left toe to left side  
3-4            (3) Step Left foot forward and across right, (4) Touch Right toe to right side  
5-6            (5) Cross Right over left, (6) Start ¼ turn right and step Back Left  
7-8            (7) Finish up ¼ turn right by stepping right to right side, (8) Cross Left over right.

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