

# Birds

拍數: 32                      牆數: 4                      級數: Intermediate  
編舞者: Maryloo (FR) - November 2019  
音樂: Birds - Imagine Dragons



Intro : 16 counts - 1 Restart

## BASIC NC R, BASIC NC L, SYNCOPATED ROCKING CHAIR, FULL TURN FWD L, ¼ TURN L, SIDE, SWEEP

- 1-2&                      Large Step RF to side, step LF behind RF, recover on RF  
3-4&                      Large Step LF to side, step RF behind LF, recover on LF  
5&6&                      Rock RF forward, recover on LF, rock RF back , recover on LF ( The Body slightly turned to right side), recover on LF.  
7&8                      Make ½ turn left stepping RF back, make a ½ turn left stepping LF forward, make a ¼ turn left stepping RF to side ( 9.00)  
&                      Sweep LF from front to back

## BACK, SIDE, CROSS, CROSS, SIDE, BACK, WALK BACK (2X) BEHIND, SIDE, DIAGONAL FWD, TOGETHER

- 1&2                      Cross LF behind RF, step RF to side, cross LF over RF sweeping RF from back to front  
3&4                      Cross RF over LF, step LF to side, cross RF behind LF sweeping LF from front to back.  
5-6                      Step LF back sweeping RF from front to back, step RF back sweeping LF from front to back  
7&8&                      Step LF behind RF, step RF to side ,step LF diagonally forward, step RF next to LF( 10.30)

## SYNCOPATED CROSS ROCKS (L.R.), L FWD, ¼ TURN R, R SIDE, 1/4 TURN L, L FWD, 1 ½ TURN LEFT

- 1-2&                      Cross/ rock LF over RF, recover on RF, switch LF next to RF (9.00) 3-4& Cross rock RF over LF , recover on LF, switch RF next to LF ( 9.00)  
5-6                      Step LF forward, make ¼ turn right stepping RF to side ( right Leg slightly bend, left Leg stretched and looking to right ) (12.00) \*\*  
7&8&                      Make a ¼ turn left stepping LF forward ( 9.00),make a ½ turn left stepping RF back (3.00), make ½ turn left stepping LF forward (9.00), make ½ turn left stepping RF back ( 3.00)

## BACK, CHASSE FWD, BACK, SAILOR 1/2 TURN RIGHT, VOLTA STEPS ½ TURN RIGHT, L SIDE

- 1                      Step LF back  
2&3                      Shuffle forward ( R.L.R.)  
4                      Step LF back sweeping RF from front to back  
5&6                      Cross RF behind LF, make a ¼ turn right stepping LF next to RF , make a ¼ turn right stepping RF forward (9.00)  
&7&8                      Make 1/8 turn right stepping LF next to RF (10.30), make a 1/8 turn right stepping RF forward ( 12.00), make a 1/8 turn right stepping LF next to RF (1.30), make a 1/8 turn right stepping RF forward ( 3.00)  
& - (1)                      Step LF to side.....Large step RF to side ( 1) (beginning of the dance)

\*\* RESTART : During The wall 5, after 22 counts (12.00)

& 1 : Small step LF to side (&), large step RF to side (1)

Have Fun !

Contact Choreographer : Maryloo : maryloo.win68@gmail.com - WEBSITE : www.line-for-fun.com  
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