

Stand By Your Man

拍數: 32 牆數: 4 級數: Beginner
編舞者: NiNa Ralliza (INA) - November 2019
音樂: Stand By Your Man - Carla Bruni
或: Stand By Your Man - The Chicks



I. Chasse – Rock Back – Rocking Chair

1&2 Step R to R side, Step L next to R, Step R to R
3-4 Rock back on L, Rec on R
5-6 Rock fwd on L, Rec on R
7-8 Rock back on L, Rec on R

II. Chasse – Rock Back – Toe Strut

1&2 Step L to L, Step R next to L, Step L to L
3-4 Rock back on R, Rec on L
5-6 R toe strut, Step heel down
7-8 L toe strut, Step heel down

III. ¼ R Jazz Box – Right Vine – Touch

1-2 Cross R over L, Step L back
3-4 Turn ¼ R Step R to R side, Cross L over R
5-6 Step R to R side, Cross L behind R
7-8 Step R to R side, Touch L to L side

IV. Rolling Vine L – Touch – Sway

1-2 Turn ¼ L step L fwd, Turn ½ L step R back
3-4 Turn ¼ L step L to side, Touch R next to L
5-6 Sway R- L
7-8 Sway R- L

Optional: 1-4: do Left Vine - Touch instead of Rolling Vine - Touch

No tag, No restart

Practice may not makes perfect but it will increase your confidence and help you learn a dance...enjoy

Last Update - 3 Apr 2022