

Bad Example

拍數: 64 牆數: 2 級數: Improver
編舞者: Nelly Billes (DE) - November 2019
音樂: Bad Example - Pistol Annies



No Tag. No Restart.

SECTION 1:

1 – 2 POINT (right foot touch to the right) - TOUCH (right foot beside left foot)
3 – 4 KICK FORWARD (right foot) - HOOK (cross right foot over left foot)
5 – 6 STEP FORWARD (right foot) - STOMP UP (left foot beside right foot)
7 – 8 STOMP (left foot to the left) - HOLD

SECTION 2:

1 – 2 STEP FORWARD (right foot) with 1/4 LEFT TURN - SCUFF (left foot)
3 – 4 1/4 LEFT TURN - STEP (left foot) - SCUFF (right foot)
5 – 8 STEP FORWARD (right foot) - LOCK (left foot) - STEP FORWARD (right foot) - STOMP UP (left foot)

SECTION 3:

1 – 2 POINT (left foot touch to the left) - TOUCH (left foot beside right foot)
3 – 4 KICK FORWARD (left foot) - HOOK (cross left foot over right foot)
5 – 6 STEP FORWARD (left foot) - STOMP UP (right foot beside left foot)
7 – 8 STOMP (right foot to the right) - HOLD

SECTION 4:

1 – 2 STEP FORWARD (left foot) with 1/4 RIGHT TURN - SCUFF (right foot)
3 – 4 1/4 RIGHT TURN - STEP (right foot) - SCUFF (left foot)
5 – 8 STEP FORWARD (left foot) - LOCK (right foot) - STEP FORWARD (left foot) - STOMP UP (right foot)

SECTION 5:

1 – 4 GRAPEVINE (step to the right, cross behind, step to the right) - CROSS (left foot over right foot)
5 – 6 SIDE STEP (right foot) - STOMP (left foot beside right foot)
7 – 8 SWIVEL (lift the left heel and the right toe, turn them to the right, and return to the center)

SECTION 6:

1 – 4 GRAPEVINE (step to the left, cross behind, step to the left) - CROSS (right foot over left foot)
5 – 6 STEP LEFT (left foot) - STOMP (right foot beside left foot)
7 – 8 SWIVEL (lift the left heel and the right toe, turn them to the right, and return to the center)

SECTION 7:

1 – 2 STEP BACK with TOE STRUT (right foot)
3 – 4 STEP BACK with TOE STRUT (left foot)
5 – 6 TOE STRUT BACK (right foot) with 1/2 RIGHT TURN
7 – 8 TOE STRUT (left foot)

SECTION 8:

1 – 4 STEP BACK with TOE STRUT (right foot)
3 – 4 STEP BACK with TOE STRUT (left foot)
5 – 6 LONG STEP BACK (right foot)
7 – 8 FLICK and STOMP FORWARD (left foot) - HOLD

Have fun, enjoy the dance and do not forget to smile!
