

Circles

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Inge Vestergård (DK) & Lene Mainz Pedersen (DK) - October 2019
音樂: Circles - Post Malone : (iTunes)



There is a 32 counts intro

NO TAG & NO RESTARTS & NO ENDING

[1-8] CROSS ROCK, SIDE ROCK, BEHIND SIDE CROSS, STEP L, TOUCH BEHIND

- 1 – 4 Cross rock R in front of L, Recover on L, Rock R to R side, Recover on L
- 5 & 6 Cross R behind L, Step L to L side, Cross R in front of L
- 7 – 8 Step long step L, Touch R behind L (make a snap in front of L leg, with your R hand)

[9-16] VINE R, SWEEP L, CROSS, 1/4 L STEP BACK R, STEP BACK L, POINT BACK R

- 1 – 4 Step R to R side, Cross L behind R, Step R to R side while sweeping L from back in front of R
- 5 – 8 Cross L in front of R, Turn 1/4 L stepping back on R, Step back on L, Point R back (9:00)

[17-24] (WALK & SHUFFLE IN A FULL CIRCLE R) WALK R,L, SHUFFLE R, WALK L,R, SHUFFLE L

- 1 – 2 Walk R, Walk L (12:00)
- 3 & 4 Step R fw, Step L beside R, Step R fw (3:00)
- 5 – 6 Walk L, Walk R (6:00)
- 7 & 8 Step L fw, Step R beside L, Step L fw (9:00)

[25-32] ROCK R, RECOVER, COASTER, ROCK L, RECOVER, SHUFFLE 1/2 L

- 1 – 2 Rock R fw, Recover on L
- 3 & 4 Step back on R, Step L beside R, Step R fw
- 5 – 6 Rock L fw, Recover on R
- 7 & 8 Turn ¼ L stepping L to L side, Step R beside L, Turn ¼ L stepping L fw (3:00)

Begin again

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