

S.W.A.P. (Sexy With Attitude Please)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Janet Cummings (USA) - November 2019
音樂: I'm Too Sexy - Right Said Fred



Intro: 16 Counts
Tag (4 Counts) / Restart

SECTION 1: HOP FORWARD, (&1), WIGGLE HIPS; HOP BACK, (&5) WIGGLE HIPS

&1 Hop forward Right, Left; On L Start L Hip Bump Left
&2, &3, &4 Wiggle Hips R, L, R, L, R, L
&5 Jump Back Right, Left; On L Start Hip Bump Left
&6,&7&8 Wiggle Hips R, L, R, L, R, L

SECTION 2: STEP FORWARD, TOUCH X4; STEP BACK TOUCH X4

1&2&3&4& R Step Forward, L Touch, L Step Forward, R Touch, R Forward, L Touch, L Forward, R Touch
5&3&7&8& R Step Back, L Touch; L Step Back, R Touch, R Back, L Touch, L Back, R Touch

SECTION 3: R ROCK BACK, RECOVER, ¾ LEFT TURN SHUFFLE, L CHASSE, SKATE, SKATE

1, 2, 3&4 R Rock Back, L Recover, Turn ¼ Left Step R to Side, Turn ¼ Left Step L Back, Turn ¼ Left Step R to Side
5&6, 7, 8 L Shuffle to the Side (L, R, L), Skate Right, Skate Left

SECTION 4: R CROSS STEP, HOLD; L CROSS STEP, HOLD, ROCK, RECOVER, REVERSE PIVOT ½ TURN RIGHT, STEP L

1, 2, 3, 4 R Cross L Foot, hold, L Cross R Foot, hold
5, 6, 7, 8 R Rock, L Recover, Place R Ball Behind L Heel - Pivot ½ Turn Right, Step L

TAG: End of the 9th Pattern facing 9:00 your 4 Count Tag is a Rocking Chair.

DESCRIPTION: Rock Forward on R, Recover on L, Rock Back on R, Recover on L.

RESTART your 10th Pattern beginning with Section 1 and continue to finish.

Contact: jcumings246@aol.com