

You Are The One

COPPER KNOB
BY STEPHEN T. S.

拍數: 16 牆數: 4 級數: Improver NC
編舞者: Ayu Permana (INA) - October 2019
音樂: How Would You Feel by Ed Sheeran



NO TAG - NO RESTART -

The dance starts after 16 counts music intro

SECTION 1. WALK FORWARD - RECOVER - BACK - BEHIND - SIDE - CROSS - SIDE - RECOVER - CROSS - (2X) 1/4 TURN - CROSS (06.00)

1-2&3 Step R forward - Step/rock L forward - Recover on R - Step L backward
4&5 Sweep R from front to the back and step behind L - Step L to left side - Cross R over L
6&7 Step/rock L to left side - Recover on R - Cross L over R
8&1 Turn 1/4 left, step back on R (9) - Turn.1/4 left, step L to left side (6) - Cross R over L

SECTION 2. SIDE - RECOVER - FORWARD - RUN - FORWARD - 1/2 PIVOT TURN - FORWARD - CROSS - FORWARD (03.00)

2&3 Step/rock L to left side - Recover on R, while making 1/8 turn right (7.30) – Step L forward
4&5 Run forward on R - L - R (7.30)
Optional: (4&5) Step R forward - Turn 1/2 right, step bak on L - Turn 1/2 right, step R forward
6&7 Step L forward - Turn 1/2 right, step on R (1.30) - Step L forward
8& Step R across L - Make 1/8 turn right to face (3.00), step L in front of R

REPEAT

Enjoy and happy dancing ..

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