

# Get Back Ups

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kim Ray (UK) - November 2019  
音樂: Win Life - Luke Bryan



Intro: 16 counts

## **S1: STEP SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT**

1-2            Step right to right side, step left together  
3&4           Step right to right side, step left next to right, step right to right side  
5-6           Cross rock left over right, recover back on right  
7&8           Step left to left side, step right next to right, ¼ turn left stepping forward on left (9:00)

## **S2: ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, CROSS, BACK & CROSS SHUFFLE**

1-2            Large step forward on right, ½ pivot turn left (3:00)  
3-4            Large forward on right, ¼ pivot turn left ((12:00)  
5-6            Cross right over left, step back on left  
&7&8          Step right slightly back, cross left over right, step right to right side, cross left over right

**(RESTART HERE ON WALL 3)**

## **S3: SIDE ROCK RIGHT/RECOVER, WEAVE, SIDE ROCK LEFT/RECOVER, BEHIND, SIDE, FORWARD**

1&2           Step right to right side, touch left next to right, step left to left side  
3&4           Cross right behind left, step left to left side, cross right over left  
5&6           Step left to left side, touch right next to left, step right to right side  
7&8           Cross left behind right, step right to right side, step forward on left (12:00)

## **S4: ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, ¼ TURN LEFT, TOUCH RIGHT, BALL BEHIND, BALL CROSS**

1-2            Step forward on right, pivot ½ turn left (6:00)  
3&4            Shuffle ½ turn left stepping right, left, right (12:00)  
5-6            ¼ turn left stepping left to left side, touch right next to left (9:00)  
&7            Step right to right side, cross left behind right  
8&            Step right to right side, cross left over right

Dances finishes on count 8 of S3 – ¼turn left stepping right to right side (12:00)

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