

# No Drama EZ

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Laure-Anne VITELLI (FR) - November 2019  
音樂: No Drama (feat. Craig David) - James Hype



## Intro 16 counts - No Tag – No Restart

### [1 – 8] WALK FWD, ½ TURN R WITH DOUBLE KNEE POP

1-2-3-4      WALK FWD : Step RF Fwd (1), Step LF Fwd (2), Step RF Fwd (3), Step LF Fwd (4) (BWL) (12h)  
5-6-7-8      ½ TURN R WITH DOUBLE KNEE POP : 1/8 Turn R bend two knees, lift heels and rest heels (5), 1/8 Turn R bend two knees, lift heels and rest heels (6), 1/8 Turn R bend two knees, lift heels and rest heels (7), 1/8 Turn R bend two knees, lift heels and rest heels (8) (BWL) (6h)

### [9 – 16] WALK FWD, SIDE MAMBO R, WALK FWD, SIDE MAMBO L

1-2      WALK FWD : Step RF Fwd (1), Step LF Fwd (2)  
3 & 4      SIDE MAMBO R : Rock RF to R side (3), Recover on L (&) Step RF next to L(4)  
5-6      WALK FWD : Step LF Fwd (5), Step RF Fwd (6)  
7 & 8      SIDE MAMBO L : Rock LF to L side (7), Recover on R (&) Step LF next to R(8)

### [17 – 24] FULL PUSH TURN L, MAMBO R FWD, MAMBO L BACK

1 &      FULL PUSH TURN L : ¼ Turn L Push RF to R side (1), Recover on L (&) (3h)  
2 &      ¼ Turn L Push RF To R side (2), Recover on L (&) (12h)  
3 &      ¼ Turn L Push RF To R side (3), Recover on L (&) (9h)  
4 &      ¼ Turn L Push RF To R side (3), Recover on L (&) (6h)  
5 & 6      MAMBO R FWD : Rock Step R Fwd (5), Recover on L (&) Step RF beside L (6)  
7 & 8      MAMBO L BACK : Rock Back L (7), Recover on R (&) Step LF beside R (8)

### [25 – 32] TRIPLE STEP DIAG. R & L, 1/8 TURN R ROCKING CHAIR

1 & 2      TRIPLE STEP DIAG. R - L : 1/8 Turn R Step RF Diag. R (1), Step LF beside R (&), Step RF Fwd (2) (7h30)  
3 & 4      ¼ Turn L Step LF Diag. L (3), Step RF beside L (&), Step LF Fwd (4) (4H30)  
**Option : Climb/Push your arms over you head**  
5-6      1/8 TURN R ROCKING CHAIR : 1/8 Turn R Rock step R Fwd (5), Recover on L(6)  
7-8      Rock back R (7), Recover on L (8) (BWL) (6h)

**End Suggestion : Make Step Turn 1/2 Turn L (To finish facing 12h)**

**Source: This card is the original. If you have any questions, do not hesitate to contact me:**

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