

Be My Melody

拍數: 32 牆數: 4 級數: Beginner
編舞者: Helen Owen (UK) - November 2019
音樂: Be My Melody - Futuretone 72



Start on vocals (after 32 count intro)

S1 [1-8] WALK FORWARD RIGHT, LEFT, RIGHT KICK-BALL-CHANGE, RIGHT FORWARD SHUFFLE, STEP LEFT, PIVOT RIGHT HALF TURN

1-2 walk forward on right (1) walk forward on left (2)
3&4 kick right foot (3) step right next to left (&) step left next to right (4)
5&6 step forward on right (5) shuffle left foot to right (&) step forward on right (6)
7-8 step forward on left (7) pivot right ½ turn [6:00] (8)

S2 [9-16] WALK FORWARD LEFT, RIGHT, LEFT KICK-BALL-CHANGE, LEFT FORWARD SHUFFLE, STEP RIGHT, PIVOT LEFT QUARTER TURN

1-2 walk forward on left (1) walk forward on right (2)
3&4 kick left foot (3) step left next to left (&) step right next to right (4)
5&6 step forward on left (5) shuffle right foot to right (&) step forward on left (6)
7-8 step forward on right (7) pivot left ¼ turn [3:00] (8)

S3 [17-24] RIGHT CROSS, RECOVER, RIGHT SIDE SHUFFLE, LEFT CROSS, RECOVER, LEFT SIDE SHUFFLE

1-2 step right foot across left (1) recover back onto left foot (2)
3&4 step right to right side (3) step left to right foot (&) step right to right side (4)
5-6 step left foot across right (5) recover back onto right foot (6)
7&8 step left to left side (7) step right to left foot (&) step left to left side (8)

S4 [25-32] RUMBA BOX - RIGHT SIDE, TOGETHER, RIGHT FORWARD, LEFT SIDE, TOGETHER, BACK LEFT, BACK RIGHT STEP-LOCK-STEP, LEFT COASTER STEP

1&2 step right to right side (1) step left foot next to right (&) step forward right (2)
3&4 step left to left side (3) step right foot next to left (&) step back left (4)
5&6 step back right (5) step left back crossing in front of right foot (&) step back right (6)
7&8 step back left (7) step right foot next to left (&) step left forward (8)

NO TAGS! NO RESTARTS!

Enjoy!

Email: helen@heels-and-toes.co.uk