Corazon Mi Amor

級數: Ultra Beginner

編舞者: Pat Newell (USA) - November 2019

音樂: Rebelde Amor - Belle Perez

Senior Dancing Series

拍數: 32

Learning: vines, rock rec w/ triples, rocking chair, lock step, ¼ turns , tripling across

Note: Entire dance consists of 1,2 3&4 - 5, 6 7&8 counts making it easy for ultra beginner dancers. #32 in count

RIGHT VINE TO CROSS OVER, ROCK RECOVER TRIPLE ACROSS

- 1-4 Step R to R, step L behind R, Step R to R, step L across R
- 5, 6 7&8 Rock R to R, recover on L, triple RLR across L

LEFT VINE TO CROSS OVER, ROCK RECOVER TRIPLE ACROSS

- 1-4 Step L to L, step R behind L, step L to L, step R across L
- 5,6 7&8 Rock L to L, recover on R, triple LRL across R

ROCKING CHAIR, STEP LOCK, STEP LOCK STEP

- 1-4 Rock fwd on R, recover on L, rock back on R, recover on L
- 5,6 7&8 Step fwd on R, step L behind R, Step R fwd, L behind R, step on R

ROCKING CHAIR, ¼ PIVOT RIGHT, TRIPLE LEFT, RIGHT LEFT ACROSS RIGHT 9:00

- 1-4 Rock fwd on L, recover on R, rock back on L, recover on R
- 5,6 7&8 ¼ pivot right (weight on R) triple across LRL

START AGAIN

DANCE FOR THE HEALTH OF IT





牆數:4