

Broken Hearted, Lovesick and Blue

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - November 2019
音樂: Broken Hearted, Lovesick and Blue - The Dixons : (iTunes)



(Start dancing on lyrics)

[S1] Heel Swivel, Step-Together, 1/4L Bounce-Bounce

1 2 Weight is on the balls of both feet/heels right, Heels left
3 4 Heels right, Back to the centre
5 6 Step forward on R, Step L beside R
7 8 Bounce heels turning 1/8 L x 2 (end facing 1/4 L)

[S2] Cross-Point, Cross-Scuff, Weave 1/4L

1 2 Cross R over L, Point L to the side
3 4 Cross L over R, Scuff R
5 6 Cross R over L, Step L to the side
7 8 Step R behind L, Make a ¼ turn left stepping forward on L (6:00)

[S3] 2x Kick-Kick-Back-Touch

1 2 Kick R forward, Kick R to the side
3 4 Step back on R, Touch L next to R
5 6 Kick L forward, Kick L to the side
7 8 Step back on L, Touch R next to L (6:00)

[S4] Box 1/4R, Fwd Rock, 1/2R Fwd-Together

1 2 Cross R over L, Make a ¼ turn right stepping back on L
3 4 Step R to the side, Step forward on L (9:00)
5 6 Rock forward on R, Recover weight on L
7 8 Make a ½ turn right stepping forward on R, Step L together (3:00)

Please contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 30/Oct/19)
