

# Twist and Shout

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Chika Hapsari (INA) & Roosamekto Mamek (INA) - November 2019  
音樂: Twist and Shout (feat. Jack Radics & The Taxi Gang) - Chaka Demus & Pliers



Intro: 32 count - NO TAG, NO RESTART

## S1. ROCK FORWARD, RECOVER, BACK LOCK SHUFFLE, BACK ROCK, RECOVER, FORWARD LOCK SHUFFLE

1-2            Rock R forward – Recover on L (12:00)  
3&4           Step R back – Lock L over R – Step R back  
5-6           Rock L back – Recover on R  
7&8           Step L forward – Lock R behind L – Step L forward (12:00)

## S2. FORWARD, SIDE TOUCH, PADDLE TURN 1/4 LEFT (2X)

1-4           Step R forward (slightly Cross over L) – Touch L to side – Step L forward (slightly Cross over R) – Touch R to side (12:00)  
5-8           Step R forward – Turn 1/4 left – Step R forward – Turn 1/4 left (6:00)

## S3. FORWARD LOCK SHUFFLES, ROCKING CHAIR

1&2           Step R forward – Lock L behind R – Step R forward (6:00)  
3&4           Step L forward – Lock R behind L – Step L forward  
5-8           Rock R forward – Recover on L – Rock R back – Recover on L (6:00)

## S4. JAZZ BOX TURN 1/4 RIGHT, TWISTING

1-4           Cross R over L – Turn 1/4 right step L back – Step R to side – Step L together/forward (3:00)  
5-8           Twist both heels to right – Twist to left – Twist to right – Twist to left (3:00)  
(while doing this both feet close/together and using balls of foot to twisting, weight on both feet)

REPEAT

For more info about step sheet & song, please contact:

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