

Hakka Ni Shui Mei

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Evonne Ng (MY) & Wong Mei Ling (MY) - October 2019
音樂: Ni Shui Mei (泥水妹) - Fang Ai Ling (方爱凌)



Intro: 32 Counts

Restart: Restart after 16 counts on wall 3 and wall 6

Section 1 : Side rock recover, cross shuffle, ½ turn right forward shuffle

1 - 2 Rock R to right side (1), recover weight on left (2)
3&4 Cross R over L (3), step L to left side (&), cross R over L (4)
5 - 6 Step back on L ¼ turn right (5), step R to right side ¼ turn right(6)
7&8 Step forward on L (7), lock R behind L (&), step forward on L (8)

Section 2 : Rock forward recover back shuffle, rock back recover forward shuffle

1 - 2 Rock forward on R (1), recover weight on L (2)
3&4 Step back on R (3), lock L in front of R (&), step back on R (4)
5 - 6 Rock back on L (5), recover weight on R (6)
7&8 Step forward on L (7), lock R behind L (7), step forward on L (8)

Section 3 : Forward hold ¼ turn right, forward hold ½ turn left, rocking chair

1 - 2 Step forward on R ¼ turn right (1), hold (2)
3 - 4 Step forward on L ½ turn left (3), hold (4)
5 - 6 Rock forward on R (5), recover weight on L (6)
7 - 8 Rock back on R (7), recover weight on L (8)

Section 4 : Forward hold, step L to left side ¼ turn left, hold, jazz box

1 - 2 Step forward on R (1), hold (2)
3 - 4 Step L to left side ¼ turn left (3), hold (4)
5 - 6 Cross R over L (5), recover weight on L (6)
7 - 8 Step R to right side (7), cross L over R (8)

Section 5 : Full turn paddle

1 - 2 Touch R to right side ¼ turn left (1), hold (2)
3 - 4 Touch R to right side ¼ turn left (3), hold (4)
5 - 6 Touch R to right side ¼ turn left (5), hold (6)
7 - 8 Touch R to right side ¼ turn left (7), hold (8)

Section 6 : Rolling vine R & L

1 - 2 Step forward on R ¼ turn right, step back on L ½ turn right (2)
3 - 4 Step R to right side ¼ turn right (3), touch L to left side (4)
5 - 6 Step forward on L ¼ turn left (5), step back on R ½ turn left (6)
7 - 8 Step L to left side ¼ turn left (7), touch R to right side (8)

Section 7 : Jazz box, pivot ½ turn left, forward, hold

1 - 2 Cross R over L (1), recover weight on L (2)
3 - 4 Step R to right side (3), cross L over R (4)
5 - 6 Step forward on R (5), step forward on L ½ turn left (6)
7 - 8 Step forward on R (7), hold (8)

Section 8 : Forward hold x2, step together, sway hip to RLRL

1 - 2 Step forward on L (1), hold (2)
3 - 4 Step forward on R (3), hold (4)

5 – 6 Step L beside R with sway hip to right side (5), sway hip to left side (6)
7 – 8 Sway hip to right side (7), sway hip to left side (8)

Contact : evonne-dancestudio@outlook.com
