

Run Out of You

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Lu Olsen (AUS) - October 2019
音樂: Run out of You - Tenille Arts : (iTunes)



Sequence: 24, 24, 32, 24, 32, 24/Tag, 32/Tag, 16
#16 count intro

[1-8] Cross, Back/sweep, Behind, Side, Cross, Side, ¼ fwd, ½ Back, Back, Fwd, ½ Back

1, 2, Rock/step R over L- facing 11.00, Step L back in place-straighten to 12.00/sweep R - 12.00
3 & 4 & Step R behind L, Step L to Left, Cross R over L, Step L to Left 12.00
5, 6 ¼ Right turn & step R fwd, ½ Right turn & step L back, 9.00
7, 8 & Step R back, Step L fwd, ½ Left turn & step R back 3.00

[9-16] ¼ fwd, Full L turn fwd, 1/8 Tog, Cross, Side, 3/8 side/drag, Side/drag, Cross, Back 1/4, Fwd, Cross

1, 2 & 3 ¼ Left turn & step L fwd, Full Left turn fwd stepping R, L, R, 12.00
& 4 & 1/8th Left turn & step L beside R, Cross R over L, Step L to Left 11.00
5, 6, 3 /8th Right turn & step R to Right/drag L, Step L to Left/drag R 3.00
7 & 8 & Cross R over L, Step L back & ¼ Right turn, Step R slightly fwd , Cross L over R 6.00

[17-24] Fwd 45, Behind, Fwd, Fwd45, Behind, Fwd, 3/4 L turn fwd, Back, Behind, ¼ fwd

1, 2 & Step R fwd to R45, Step L behind R, Step R slightly fwd 6.00
3, 4 & Step L fwd to L45, Step R behind L, Step L slightly fwd 6.00
5 & 6 (¾ Left turn) 1/4 Left turn & step R back, ½ Left turn & step L fwd, Step R fwd 9.00
7, 8 & ## Step L back, Sweep/step R behind L, ¼ Left turn & step L fwd ## 6.00
(Dance to count 24 ## - Short walls - 1, 2, 4, 6)

[25-32] Fwd, Back, ¼ Side, Cross, Side, Behind, ¼ fwd, Fwd, ½ R, Fwd, Full L turn fwd

1, 2 & Step R fwd, Step L back, ¼ Right turn & step R to Right 9.00
3 & 4 & Cross L over R, Step R to Right, Step L behind R, ¼ Right turn & step R fwd 12.00
5, 6 Step L fwd, ½ Right pivot turn (wgt R), 6.00
7, 8 & Step L fwd, Full Left turn fwd stepping R, L, 6.00

TAG at End of Walls 6 & 7

1, 2, (Full turn fwd) ½ Left turn & step R back, ½ Left turn & step L fwd
(easier option) 1: Step R to R45 fwd/drag L, 2: Step L to L45 fwd/slow drag R

Last Wall 8 (6.00) Dance to count 16 – add Step R fwd/drag L- to finish facing 12.00

Enjoy!

Footnote: All Back walls (6.00) dances only to count 24 –and never completes the 32 counts

Lu Olsen: 03 9735 1219 (h), Mob: 0438 735 122 - Email: luolsen@bigpond.net.au - web:
borderlinedancers.com