

Like a Tidal Wave

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Lucy Cooper (UK) - October 2019
音樂: Tidal Wave - Ciaran McMeeken



Intro: 40 Counts - 3 Tags, no restarts
Seq: A Tag1 BB AA Tag1 BB AA Tag2 BBB

PART A: 32 COUNTS

Step, Touch, Kick ball cross, Step, Touch, Kick ball cross

1 2 Step right to side, touch left next to right
3&4 Kick left forward, ball step left next to right, cross right over left
5 6 Step left to side, touch right next to left
7&8 Kick right forward, ball step right next to left, cross left over right

Rock, Recover, Weave, Rock, Recover Sailor ¼ turn L

1 2 Rock right to the side, recover onto left
3&4 Cross right behind left, step left to side, cross right in front of left
5 6 Rock left to side, recover onto right
7&8 Cross left behind right, step right to side turning ¼ left, step left to side (9.00)

Syncopated jazz box cross, Back, Rock back, Recover, Shuffle

1 2& Cross right in front of left, step back on the left, step right slightly back
3 4 Cross left in front of right, step back on the right
5 6 Rock left back, recover onto right
7&8 Step left forward, bring right in, step left forward

Samba step, Cross, Back ¼ L, Rock back, Recover, Toe Touch, Hip bumps

1&2 Cross right over left, rock left to side, recover to right
3 4 Cross left over right, step back on right turning ¼ left, (6.00)
5 6 Rock back on the left, recover onto right
7&8& Touch left toe forward (7), bump hips forward (&), bump hips back (8), step weight onto the left (&)

PART B: 32 COUNTS

Skate, Skate, Shuffle, Rock, Recover, Coaster Step

1 2 Skate right to right diagonal, skate left to left diagonal (6.00)
(Optional styling: point fingers up to the right (1), then up to the left during skates (2))

3&4 Step right forward, bring left in, step right forward
5 6 Rock forward on the left, recover onto right

(Optional styling: do a swimming/breast stroke motion with arms on vocals "tidal wave" during the rock and recover)

7&8 Step left back, step right together, step left forward

Cross, Back ¼ turn, Coaster step, Walk, Step back ½ L, Shuffle turning ½ L

1 2 Cross right over left, step left back turning ¼ right (9.00)
3&4 Step right back, step left together, step right forward
5 6 Walk left forward, step back on right turning ½ left
7&8 Step left to side turning ¼ left, bring right in, step left forward turning ¼ left (9.00)

Walk, Heel switches, ¼ Pivot R, Recover, Cross Shuffle, ½ R, Cross shuffle

1 2& Walk right forward, touch left heel forward, step left beside right
3&4 Touch right heel forward, step right beside left, walk left forward

5 6 Step right to forward and pivot turn $\frac{1}{4}$ left, recover onto left (6.00)
7&8 Cross right over left, step left to side, cross right over left

$\frac{1}{2}$ turn right, Shuffle forward, Rocking chair

1 2 Step left back turning $\frac{1}{4}$ right, step right to side turning $\frac{1}{4}$ right (12.00)
3&4 Step left forward, bring right in, step left forward
5 6 Rock right forward, recover onto left
7 8 Rock right back, recover onto left

TAG 1: 4 COUNTS

Rocking chair

1 2 Rock right forward, recover onto left
3 4 Rock right back, recover onto left

TAG 2: 8 COUNTS

Rocking chair, Half pivot, Half pivot

1 2 Rock right forward, recover onto left
3 4 Rock right back, recover onto left
5 6 Step right forward, pivot $\frac{1}{2}$ turn left with weight ending on left foot
7 8 Step right forward, pivot $\frac{1}{2}$ turn left with weight ending on left foot
