

Mi Vida

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - October 2019
音樂: Mi Vida (feat. El 3mendo & Aaron Paris) (Video Mix) - DJ Samuel Kimkò



Intro: 32 counts

I. SIDE, BEHIND TOUCH (2X), SIDE TOUCH, TOUCH, BIG SIDE

- 1-2 Step R to side, touch L behind R
- 3-4 Step L to side, touch R behind L
- 5-6 Touch R to side, touch R next L
- 7-8 Make a big step R to side, drag L to R

II. CROSS, SIDE, CROSS SAMBA, KICK FORWARD, SAILOR ¼ TURN RIGHT

- 1&2 Cross L over R, recover on R, touch L to side
- 3&4 Cross L over R, step R to side, step L in place
- 5-6 Kick R over L, throw R to side
- 7&8 ¼ Turn R stepping R behind L, step L to side, step R to side

III. FORWARD, BACKWALK, SIDE KICK (2X), BACK TOUCH

- 1-2 Step L forward and wave body to front, recover on R
- 3-4 Step L back, step R back
- 5-6 Kick L to side, step L back
- 7-8 Kick R to side, touch R back

IV. HIP BUMPS, BACK TOUCH, SIDE, SHUFFLE, CLOSE & BODY ROLL

- 1-2 Touch R to diagonal and hip bumps twice
- 3-4 Touch R behind L, step R to side
- 5&6 Cross L over R, step R to side, cross L over R
- 7-8 Close R next L, hip roll counter clockwise

No Tag and No restart.

Enjoy this dance and please don't hesitate to contact me at hottiepurba@yahoo.com