

Before the End

拍數: 80 牆數: 4 級數: Phrased Novice
編舞者: Flo Garnier (FR) - January 2019
音樂: "Before the End of the World" – Puggy



Intro : 16 counts

Structure : AAA - BB - C – AAA – BB – C - BBBB

A PART – 32 counts

[1-8] : side slide R, cross L, hold, turning vine R ¼ turn R, hold

1-2 Large step RF on the R, slide

3-4 LF cross over RF, pause

5-6-7-8 RF on the R, LF cross behind RF, ¼ turn on the R with RF ahead, pause

[9-16] : Rock step FW L, step BW L, hold, coaster step BW R, hold

9-10-11-12 LF ahead, recover on RF, LF behind, pause

13-14-15-16 RF behind, LF beside RF, RF ahead, pause

[17-24] : step turn ½ R, step FW L, hold, full travelling pivot FW R, step FW R, hold

17-18-19-20 LF ahead, ½ turn R with BW on RF, LF ahead, pause

21-22 ½ turn on the L with RF behind, ½ turn on the L with LF ahead

23-24 RF ahead, pause

[25-32] : side rock step L, cross L, hold, weave R

25-26-27-28 LF on the L, recover on RF, LF cross over RF, pause

29-30-31-32 RF on the R, LF cross behind RF, RF on the R, LF cross over RF

B PART : 32 counts

[1-8] : side step R, together and clap, side step L, together and clap, coaster step R, hold

1-2-3-4 RF on the R, LF beside RF + clap, LF on the L, RF beside LF + clap

5-6-7-8 RF behind, LF beside RF, RF ahead, pause

[9-16] : Step FW L, touch R and clap, step BW R, touch L and clap, turning vine L ¼ turn L, hold

1-2 LF ahead diagonally L, RF touch beside LF + clap

3-4 RF ahead diagonally R, LF touch beside RF + clap

5-6-7-8 LF on the L, RF cross behind LF, ¼ turn on the L with LF ahead, pause

[17-24] : Step FW R, touch L and clap, step FW L, touch R and clap, step lock step R FW, hold

17-18-19-20 RF ahead, LF touch behind RF + clap, LF behind, RF touch over LF + clap

21-22-23-24 RF ahead, lock LF behind RF, RF ahead, pause

[25-32] : Step FW L, together, step BW L, together, step turn ½ R, step FW L, hold

25-26 LF ahead, RF beside LF with BW on RF

27-28 LF behind, RF beside LF with BW on RF

29-30-31-32 LF ahead, ½ turn on the R, LF ahead, pause

C PART: 16 counts

[1-8] : slide side step R, hold, cross L, hold, scissor shape R, hold

1-2-3-4 RF on the R and slide, pause, LF cross over RF, pause

5-6-7-8 RF à D, LF beside RF, RF cross over LF, pause

[9-16] : slide side step L, hold, cross R, hold, scissor shape L, hold

9-10-11-12 LF on the L and slide, pause, RF cross over LF, pause

13-14-15-16 LF on the L, RF beside LF, LF cross over RF, pause
