

Sugarbird

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heather Barton (SCO) & Jef Camps (BEL) - September 2019
音樂: Sugarbird - Little Kim & the Alley Apple 3



Intro: 16 counts

Section 1 [1-8] R Jazz Box, Step Fwd R ½ Pivot L x2

1,2 Cross step Right over Left, Step Left foot back
3,4 Step Right to side, Step Left foot forward
5,6 Step Right foot forward, Pivot ½ turn Left
7,8 Step Right foot forward, Pivot ½ turn Left

(Easier option for counts 5-8; Right Rocking Chair)

Section 2 [9-16] R Chasse, Back Rock Recover, L Vine ¼ L, Brush R Fwd

1&2 Step Right to side, Close Left to Right, Step Right to side
3,4 Rock weight back onto Left, Recover forward on Right
5,6 Step Left to side, Cross step Right behind Left
7,8 Step L forward making ¼ turn Left, Brush Right foot forward

Section 3 [17-24] Step R ¼ Pivot L, Touch L, Step L Fwd ¼ L Brush R, Stomp R To Side, Walk L In Heel Toe Heel,

1,2 Step Right forward, ¼ Pivot Left Touching Left next to Right
3,4 Step Left forward ¼ turn L, Brush Right foot forward

Restart Dance here on wall 8

5,6 Stomp Right foot to Right side, Swivel Left heel in
7,8 Swivel Left toe in, Swivel Left heel in (Closing feet together)

Section 4 [25-32] Twist To L Side Heels Toes Heels Together, R Kick Ball Change, Skate Forward R, L

1,2 Twist both heels to Left, Twist both toes to Left
3,4 Twist both heels to Left, Twist both toes to Centre (Weight on Left)
5&6 Kick Right foot forward, Step Right next to Left, Step Left next to Right
7,8 Skate Right foot forward, Skate Left foot forward

TAG ON WALLS; 3 & 6

REPEAT THE LAST 4 COUNTS OF SECTION 4 (KICK BALL CHANGE, SKATE R,L)

**RESTART ON WALL 8; DANCE UP TO COUNT 4 OF SECTION 3 (R BRUSH FWD)
THEN RESTART FACING 12:00**