

Adventure at Sea

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sarah Preston Britto (USA) - October 2019
音樂: Best Adventure - Leaving Thomas



Sea Cruise by Jimmy Buffet

Floor Split for Soul Shake Fred Whitehouse) Tommy Castro

Floor Split for Nothing But You (Darren Bailey) Leaving Austin

Floor Split for Almost Saturday Night (Kinser et al) Keith Urban/John Fogerty

Walk, Walk Triple Step forward, repeat

1 – 2 Walk forward R, L
3 & 4 Triple Step forward R-L-R
5 - 6 Walk forward L, R
7 & 8 Triple Step forward L-R-L

Step Touches

1 – 2 Step R forward diagonally to R, touch L next to R
3 – 4 Step back on L, touch R next to L
5 – 6 Make 1/4 turn to R, stepping R to R side, touch L next to R
7 – 8 Step L to L, touch R next to L

Rolling turn to right, Grapevine Left with 1/4 turn Left

1 – 2 Make 1/4 turn to R stepping on R, step back on L turning 1/2 to R,
3 – 4 Step forward on R turning 1/4 to R, touch L next to R
5 – 6 Step L to L, cross R behind L
7 - 8 Make 1/4 turn IL stepping on L, touch/brush R next to L

Rocking Chair, 2 1/4 pivot turns to L

1 – 2 Rock forward on R, recover weight to L
3 – 4 Rock back on L, recover weight to R
5 – 6 Step R forward, pivot 1/4 to L, changing weight to L
7 – 8 Step R forward, pivot 1/4 to L, changing weight to L

Smile & Start again

Optional Bonus turns:

*During the 3rd set feel free to do a 1 1/4 turn left instead of the grapevine

*Replace the Rocking Chair in the 4th set with 2 half-pivot turns to L!

*Feel free to make up your own variations and ENJOY!!!!

Please check out the partner version of this dance: Sea 2 Sea!

E-mail: justdancinaround@gmail.com