

# Superpower

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver

編舞者: Val O'Connor (UK) - October 2019

音樂: Superpower - Adam Lambert : (Clean Version - Explicit version can also be used)



**Intro: 8 counts on vocals - No Tags or Restarts**

## **R FORWARD ROCK, R SHUFFLE BACK, L ROCK BACK, ½ R SHUFFLE BACK**

1-2-3&4      Rock fwd on R, recover back on L, step back R, (&) L next to R, step back on R

5-6-7&8      Rock back on L, recover fwd on R, ½ R step back L, (&) step R next to L, step back L (6)

## **BACK R POINT L, FORWARD L POINT R, ¼ R JAZZ BOX WITH CROSS**

1-2-3-4      Step back R, point L to L side, step fwd L, point R to R side

5-6-7-8      Cross R over L, step back L, ¼ R step R to R side, cross L over R (9)

## **R SIDE ROCK, CROSS SHUFFLE, L SIDE ROCK, L SAILOR ¼ L**

1-2-3&4      Rock R to R side, recover on L, cross R over L, (&) step L to L side, cross R over L

5-6-7&8      Rock L to L side, recover on R, cross L behind R, (&) ¼ L step R to R side, step L to L side (6)

## **STEP FORWARD R, KICK L, L COASTER STEP, SKATE RLRL**

1-2-3&4      Step forward R, kick L foot forward, step back on L, (&) step R next to L, step fwd L

5-6-7-8      Skate forward RLRL

**Restart From Beginning**

Email: [valerieoconnor1@msn.com](mailto:valerieoconnor1@msn.com)