

# Been Around

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Sophie Ruhling (FR) - October 2019  
音樂: Been Around - Cody Jinks



#16 count intro

**\*5 TAGS - 1 ENDING - 1 INTERMISSION - HAND VARIATIONS**

Dance specially written for the Country Western Festival Amiens France October 2019

**SECT.1 : WALK R, WALK L, STOMP R DIAGONAL, STOMP L DIAGONAL, SWIVEL R FOOT, KICK BALL CROSS**

1-2            walk R, walk L  
3-4            stomp R fwd diagonal R, stomp L fwd diagonal L (hand variations: R hand with gun (3) & L hand with gun (4))  
5&6            swivel R heel in place, swivel R toe in place, swivel R heel in place (weight on L)  
7&8            kick R fwd, step R ball in place, cross L over R (hand variations: put your 2 guns in the holsters)

**SECT.2 : TRIPLE STEPS R TO R SIDE, ROCK STEP L BACK, KICK BALL CROSS, BIG STEP L TO L SIDE, DRAG R**

1&2            step R to R side, step L beside R, step R to R side  
3-4            rock step L back, recover onto R  
5&6            kick L fwd, step L ball in place, cross R over L  
7-8            big step L to L side, slide R towards L (weight on L)

**SECT.3 : STOMP UP R FWD, R HEEL BOUNCES, SAILOR STEP L, SAILOR STEP R**

1&2            stomp up R fwd, lift R heel, drop R heel (weight on L) (hand variations: move both your guns in the air)  
&3&4            lift R heel, drop R heel, lift R heel, drop R heel (weight on R) (hand variations: move both your guns in the air)  
5&6            cross L behind R, step R to R side, step L to L side (hand variations: put your 2 guns in the holsters)  
7&8            cross R behind L, step L to L side, step R to R side

**SECT.4 : MAMBO STEP L FWD, MAMBO STEP R BACK, STEP 1/2 TURN R, WALK L, WALK R, WALK L**

1&2            mambo step L fwd, recover onto R, step L in place  
3&4            mambo step R back, recover onto L, step R in place  
5&6            walk L, 1/2 turn R, walk L (6.00)  
7-8            walk R, walk L (hand variations: slap both hands to remove powder)

**\*tag here walls 1 (6.00), 2 (12.00), 4 (12.00), 5 (6.00), 8 (6.00): 1-4 POINT SWITCHES**

1-2-3-4            point R to R side, step R in place, point L to L side, step L in place (weight on L)

**\*intermission here wall 7 (6.00): 1-32 TRIPLE STEPS R & L TURNING R IN A FULL CIRCLE AND A HALF (16 COUNTS), TRIPLE STEPS R & L FWD (8 COUNTS), TRIPLE STEPS R & L BACK (8 COUNTS)**

1-16 a            lternate triple steps R & L doing one full circle and a half to the R to end facing the 12 o'clock wall (count twice: 1&2, 3&4, 5&6, 7&8)

1-8            facing the 12.00 wall alternate R & L triple steps fwd (count 1&2, 3&4, 5&6, 7&8)

1-8            facing the 12.00 wall alternate R & L triple steps back (count 1&2, 3&4, 5&6, 7&8)

**hand variation : wave your scarf in the air on the triple steps**

**\*ending here wall 8 (6.00): 1-16 BIG STEP R TO R SIDE, DRAG L, BIG STEP L TO L SIDE, DRAG R WITH 1/2 TURN L, WALK R DIAGONAL R, DRAG L, BACK L DIAGONAL L, DRAG R**

1-4            big step R to R side (1), slide L to R (2-3), touch L beside R (4) (weight on R)

**hand variation: blow on your guns to cool them**

5-8 big step L to L side (5), slide R to L turning 1/2 turn L on L foot (6-7), touch R beside L (8)  
(weight on L) (12.00)

**hand variation: blow on your guns to cool them**

1-4 walk R to R diagonal (1), slide L to R (2-3), touch L beside R (8) (weight on R)

5-8 back L to L diagonal (5), slide R to L (6-7), touch R beside L (8) (weight on L)

**hand variation : take off your hat to bow**

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