

# Do It Like This Do It Like That

COPPER KNOB  
BY STEPHEN METZ

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2019  
音樂: Write My Story - Olly Anna



Start the dance intro after 8 counts – 4 secs – 2mins 14secs – 118bpm

Sequence: Intro, Main, Main, Main restarting after 64 counts, Main, 1st 16 to end

## Music Available - Amazon

### Intro 8 counts

1&2&      Hold on 1 (weight on left), clap hands on 2& in time with hand claps in music  
3&4&      Clap hands on 3&4& in time with hand claps with music (7 claps in total)  
5-6      Stomp R forward, stomp L forward apart from R  
7-8      Step R back, step L together

### Main dance 80 counts

#### [1-8] R syncopated grapevine, R side, L heel fwd, L together, R toe together, R back, ¼ L heel ball cross

1 2&3      Step R side, cross step L behind R, step R side, cross step L over R  
4      Step R side  
5&6&      Touch L heel forward, step L together, touch R toes together, step R back  
7&8      Turning ¼ left touch L heel forward, step L back, cross step R over L (9 o'clock)

#### [9-16] L syncopated grapevine, L side, R heel fwd, R together, L toe together, L back, ¼ L R heel ball cross

1 2&3      Step L side, cross step R behind L, step L side, cross step R over L  
4      Step L side  
5&6&      Touch R heel forward, step R together, touch L toes together, step L back  
7&8      Turning ¼ left touch R heel forward, step R back, cross step L over R (6 o'clock)

#### WALL 4 ENDING: After dancing 16 counts quickly turn ½ R to face front. Ta-dah! Have fun!

#### [17-24] ¼ L, ½ L, R fwd shuffle, L fwd, ½ L figure 4, walk fwd R/L

1-2      Turning ¼ left step R back, turning ½ left step L forward (9 o'clock)  
3&4      Step R forward, step L together, step R forward  
5-6      Step L forward, with weight on L turn ½ left with R knee up (figure 4) (3 o'clock)  
7-8      Step R forward, step L forward

#### [25-32] R fwd, ½ R, R coaster, L fwd, ¾ L figure 4, walk fwd R/L

1-2      Step R forward (extended 5th), turning ½ right step L back (9 o'clock)  
3&4      Step R back, step L together, step R forward  
5-6      Step L forward, with weight on L turn ¾ left with R knee up (figure 4) (12 o'clock)  
7-8      Step R forward, step L forward

#### Do It Like This Do It Like That with armography. See below

#### [33-40] R side rock/recover, R together, L side rock/recover, L together, R fwd rock/recover, ½ R triple turn

1-2&      Rock R side, recover weight on L, step R together  
3-4&      Rock L side, recover weight on R, step L together  
5-6      Rock R forward, recover weight on L  
7&8      Turning ½ right step R forward, step L together, step R together (6 o'clock)

#### [41-48] L side rock/recover, L together, R side/recover, R together, L fwd rock/recover, ½ L triple turn

1-2&      Rock L side, recover weight on R, step L together  
3-4&      Rock R side, recover weight on L, step R together  
5-6      Rock L forward, recover weight on R

7&8 Turning ½ left step L forward, step R together, step L together (angle body to left on 8) (12 o'clock)

**Armography for counts 33-48**

1-2& Pendulum swing both arms to right side of body on 1-2, on & circle them in a clockwise direction  
3-4& Pendulum swing both arms to left side of body on 3-4, on & bring both arms into body  
5-6 Push both arms forward with palms forward  
7&8 Drop arms on ½ R triple turn  
1-2& Pendulum swing both arms to left side of body on 1-2, on & circle them in counter clockwise  
3-4& Pendulum swing both arms to right side of body on 3-4, on & bring both arms into body  
5-6 Push both arms forward palms forward  
7&8 Drop arms on ½ L triple turn

**[49-56] L weave 2 , R sailor, diagonal syncopated L rocking chair\***

1-2 Cross step R over L, step L side  
3&4 Cross step R behind L, step L side, step R side (turning towards right diagonal)  
5&6& On diagonal rock L forward, recover weight on R, rock L back, recover weight on L  
7&8& Repeat 5&6&

**\*Single time option: On counts 5-8 for less syncopation, on the diagonal L rocking chair:**

5-6 Rock L forward, recover weight on R  
7-8 Rock L back, recover weight on R

**[57-64] R weave 2, L sailor, diagonal syncopated R rocking chair\***

1-2 Cross step L over R, step R side  
3&4 Cross step L behind R, step R side, step L side (turning towards left diagonal)  
5&6& On diagonal rock R forward, recover weight on L, rock R back, recover weight on L  
7&8& Repeat 5&6& (straightening up to 12 o'clock at end of sequence)

**\*Single time option: On counts 5-8 for less syncopation, on the diagonal R rocking chair:**

5-6 Rock R forward, recover weight on L  
7-8 Rock R back, recover weight on L

**WALL 3 RESTART: After 64 counts restart dance facing front wall.**

**[65-72] R fwd, slow ½ L pivot turn with hand claps, R fwd, ½ L pivot turn, stomp R/L**

1-4 Step R forward, slowly pivot ½ left (6 o'clock)

**Armography: after stepping forward on 1, clap your hands in the air or you can start high & work low with the music on &2&3&4& (7 claps)**

5-6 Step R forward, pivot ½ left (12 o'clock)  
7-8 Stomp R, stomp L

**[73-80] R fwd, slow ½ L pivot turn with hand claps in music, R fwd rock/recover, R touch flick**

1-4 Step R forward, slowly pivot ½ left (6 o'clock)

**Armography: after stepping forward on 1, clap your hands with the music on &2&3&4& (7 claps)**

5-6 Rock R forward, recover weight on L  
7-8 Touch R together, flick R back

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