Everyone of Us

拍數: 32

級數: Improver

編舞者: Tina Argyle (UK) - October 2019

音樂: Every One of Us - Rick Astley : (Single)

Count In : 8 counts from the heavy beat after he has sang the intro (approx 29 seconds into the track)

R Mambo Forward. L Mambo Back. Side Rock Cross, L Coaster 1/4 Turn Right

- 1&2 Rock fwd R recover, Step back R
- 3&4 Rock back L L recover, step forward L
- 5&6 Rock R to right side recover, Cross R over left
- 7&8 Make 1/4 turn right stepping back L, step R at side of left, step fwd L (3 o'clock)

*** Re Start here during wall 2 facing 12 o'clock ***

Sway, Sway Chasse, 1/4 Turn Sway, Sway Chasse

- 1 –2 Step R to right side swaying hips to right side, Step L to left side swaying hips to left side
- 3&4 Step R to right side, close L at side of right, step R to right side
- 5 -6 Make ¹/₄ turn left stepping L to left side swaying hips to left side, Step R to right side swaying hips to left right (12 o'clock)
- 7&8 Step L to left side, close R at side of left, step L to left side

*** Re Start here during wall 7 facing 12 o'clock ***

Cross Back & Cross Side, Behind Side Cross, Side Lunge Rock ¼ Turn

- 1 2Cross R over left, step back L
- &3,4 Step R to right side, cross L over right, step R to right side
- 5&6 Cross L behind right, step R to right side, cross L over R
- 7-8 Extended rock R out to right side pointing L toe to left side, make 1/4 left onto L (9 o'clock)

Walk Walk Mambo Fwd. Full Turn Back (or walk, walk) Coaster Step

- 1 2Walk forward R then L
- 3&4 Rock forward R recover, step back R
- Make ¹/₂ turn left stepping fwd L, Make ¹/₂ turn left stepping back R 5-6
- 7&8 Step back L step R at side of L step forward L

Last Update - 31st Oct. 2019 - R3 - FINAL





牆數:4