Still Alone



拍數: 32 牆數: 4 級數: Improver

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音樂: Alone - Bee Gees: (Album: One Night Only)



Notes: Start after 32 counts intro Restart on Wall 5 after 28 counts

(1 - 8) Side, Rock back, Recover, Forward shuffle, Pivot turn, Half turn and backward shuffle

1-2-3-4& Step L to side, Rock R back, Recover on L, Step R forward, Step L next to R

5-6-7- Step R forward, Step L forward, Make ½ turn right recover on R

8& Make ½ turn right stepping L back, Step R next to L

(9-16) Rock back, Recover, Kick ball touch side, Cross, Quarter turn, Chasse

1-2-3-4& Step L back, Rock R back, Recover on L, Kick R forward, Step R next to L

5-6-7- Touch L to side, Cross L over R, make ¼ turn left stepping R back

8& Step L to side, Step R together

(17-24) Cuban break, Cross rock, Recover, Chasse turn

1-2&3& Step L to side, Cross R over L, Recover on L, Rock R to side, Recover on L

4&5-6- Cross R over L, Recover on L, Step R to side, Cross L over R

7-8& Recover on R, Step L to side, Step R together

(25-32) Quarter pivot, Cross shuffle, Side, Behind, Side, Cross

1-2-3- Make ¼ turn left stepping L forward, Step R forward, Make 1/4 turn left recover on L

4&5 Cross R over L (To Restart), Step L to side, Cross R over L
6-7&8 Step L to side, Cross R behind L, Step L to side, Cross R over L

Enjoy and have fun

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