

# Shake That Thang

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Pat Newell (USA) - October 2019  
音樂: Cowgirl Swing - Dave Sheriff



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## Senior Dancing Series

32 in.

### VINE RIGHT, VINE LEFT

1-4      Step R to R, L behind R, step R to side, touch L  
5-8      Step L to L, R behind L, step L to side, touch R

### SHIMMY TO SIDE AND UP RIGHT AND REPEAT TO LEFT

1-4      Shimmy R to side and shimmy up  
5-8      Shimmy L to side and shimmy up

### ROCK FWD ON RIGHT, RECOVER ON LEFT, TRIPLE BACK, ROCK BACK ON LEFT REC ON RIGHT, TRIPLE FWD

1,2 3&4      Rock fwd on R, recover on L and triple back RLR  
5,6 7&8      Rock back on L, recover on R and triple fwd LRL

### 2x ¼ PIVOTS LEFT, WEAVE TO LEFT

1-4      Step fwd on R, turn ¼ L (wt on L), step fwd on R, turn ¼ L (wt on L)  
5-8      Cross R over L, step L to L, step R behind L, STEP ON LEFT \*

\* WHEN STEPPING ON LEFT GIVE A LITTLE PUSH TO RIGHT TO START RIGHT VINE

DANCE FOR THE HEALTH OF IT

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