Smooth



拍數: 32 編數: 2 級數: Beginner

編舞者: Jiae Yun (KOR) - October 2019 音樂: Smooth by Carlos Santana



INTRO: 32 counts

TAG: ON THE 10th WALL RESTARTS: NO RESTART.

S1.RIGHT SIDE, LEFT SIDE, FORWARD SIDE, FORWARD SIDE

(cha cha basic step) step R to R side, step L next to R, step R to R side.
(cha cha basic step) step L to L side, step R next to L, step L to L side.

5-6 step forward R, step L next to R.

(raise both arms as if swimming)

7-8 step forward R, step L next to R.

S2. SIDE LUNGE 1/4 TURN L, FORWARD SHUFFLE, 1/2 PIVOT TURN, FORWARD SHUFFLE

1-2 lunge R to R, hold for count2, make a ¼ turn L.

shuffle forward stepping R,L,R.
step forward on L, pivot ½ turn R.
shuffle forward stepping L,R,L.

S3. HEEL GRIND R,L, CROSS, SIDE, SAILOR

diagonal R, make a heel grind with RF, R next to L together.diagonal L, make a heel grind with LF, L next to R together.

5-6 cross step R over L, step left to left side.

7&8 step R behind L, step L to L side, step R to R side.

S4. CROSS, HOLD, ½ L, CROSS-ROCK-RECOVER, (1/4L)BACK AND KICK, FORWARD TOGETHER

1-4 cross L over R, hold, ¼ turn L step R back, ¼ turn L, step L to L side (9:00).

5-6 cross rock R over L, recover L.

7&8 step ¼ to L back R and kick L forward (at the same time), step forward L, step R next to

L.(6:00)

TAG: on the 10th wall

1-2 Step R to R side(your R arms stretch out), step L to L side(yout L arms stretch out).

3&4 As you shimmy shoulders for counts 3&, step R next to L.

ENDING: The music is so long. Therefore, when the music ends, it ends freely.

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