

# Shut Up and Waltz

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Tom Anderson (UK) - October 2019  
音樂: Shut Up and Dance - Aaron Watson



Intro: 24 counts, start on lyrics

## S1 - Step, Point, Hold, Back, Point, Hold

1, 2, 3      Step Left Forward, Point Right Toe to Right Side, Hold  
4, 5, 6      Step Right Back, Point Left Toe to Left Side, Hold

(Optional Turn for 4-6, full turn right onto right foot, point, hold – Monterray full turn)

## S2 - Twinkle, Twinkle $\frac{1}{4}$

1, 2, 3      Cross Left over Right, Step Right beside Left, Step Left beside Right  
4, 5, 6      Cross Right over Right, Step  $\frac{1}{4}$  Right, Step Right beside Left\*

\* Restart here on wall 2

## S3 - Weave, $\frac{1}{4}$ turn, Step, Pivot-Half

1, 2, 3      Cross Left over Right, Step Right beside Left, Cross Left Behind Right  
4, 5, 6      Step  $\frac{1}{4}$  turn onto Right, Step Forward Left, Pivot  $\frac{1}{2}$  turn Right onto Right

## S4 – Step, $\frac{1}{2}$ Turn, $\frac{1}{2}$ Turn, Step Forward, Tap, Tap

1, 2, 4      Step Forward Left, Full Turn forward ( $\frac{1}{2}$ ,  $\frac{1}{2}$ ) stepping Right, Left  
4, 5, 6      Step Forward Right, Tap Left beside Right twice\*

\*Restart here on walls 5 & wall 9 (after the instrumental break)

## S5 – Back, Tap, Tap, Step, Point, Hold

1, 2, 3      Step Back Left, Tap Right beside Left twice  
4, 5, 6      Step Right Forward, Point Left Toe to Left Side, Hold

## S6 - Back, Sweep, Behind, Side, Cross

1, 2, 3      Step Back Left, Sweep Right Foot around behind Left (over 2 counts)  
4, 5, 6      Step Right Behind Left, Step Left to Left Side, Cross Right in front of Left

## S7 - Side-Rock, Recover, Cross, $\frac{1}{4}$ , Side, Cross

1, 2, 3      Rock Left out to Left Side, Recover Weight to Right, Cross Left over Right  
4, 5, 6      Step  $\frac{1}{4}$  turn back on Right, Step Left to Left Side, Cross Right over Left

## S8 – Side-Rock, Recover, Cross, $\frac{1}{4}$ , $\frac{1}{4}$ , Step

1, 2, 3      Rock Left out to Left Side, Recover Weight to Right, Cross Left over Right  
4, 5, 6      Step  $\frac{1}{4}$  turn back on Right, Step  $\frac{1}{4}$  turn onto Left, Step Right Forward

\*\*\*3 x Restarts on walls 2, 5 and 9

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