

# Gonna Get A Life

COPPERKNOB  
BY STEPHENETS

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Antonella Fedi (IT) - October 2019  
音樂: Gonna Get a Life - Jimmy Buckley



## INTRO: with lyrics

### STEP, LOCK, STEP, TOUCH, SIDE ROCK, TURN, HOLD

1-2-3-4      Lock step fwd (right, left, right) , touch left together  
5-6-7-8      Left side rock, recover on right, turn ½ left and left together, hold

### CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP

1-2      Cross right over left, step left back and kick right forward  
3-4      Right step in place and kick left forward, cross left over right  
5-6      Right rock back and kick left forward, recover on left, right stomp together

### STEP, CROSS, STEP, CROSS, SIDE ROCK, CROSS, HOLD

1-2      Step right to right, cross left behind  
3-4      Step right to right, cross left over right  
5-6      Right side rock, recover on left  
7-8      Cross right over left, hold

### STEP, TURN, STEP, TURN, ROCK BACK, STOMP, STOMP

1-2      Left step fwd, turn ½ right  
3-4      Left step fwd, ½ turn right (weight on left)  
5-6      Right rock back, recover on left  
7-8      Right stomp in place twice

### STEP, LOCK, STEP, TOUCH, SIDE ROCK, TURN, HOLD

1-2-3-4      Lock step fwd (right, left, right) , touch left together  
5-6-7-8      Left side rock, recover on right, turn ½ left and left together, hold

### CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP

1-2      Cross right over left, step left back and kick right forward  
3-4      Right step in place and kick left forward, cross left over right  
5-6      Right rock back and kick left forward, recover on left, right stomp together

### ROCK STEP, BACK, HOLD, COASTER STEP, HOLD

1-2      Right rock step fwd, recover on left  
3-4      Right step back, hold  
5-6      Left step back, right together  
7-8      Left step fwd, hold

### STEP, TURN, STEP, TURN, ROCK BACK, STOMP, STOMP

1-2      Right step fwd, turn ½ left  
3-4      Right step fwd, ½ turn left (weight on right)  
5-6      Left rock back, recover on right  
7-8      Left stomp in place, right stomp together

## REPEAT

TAG: At the end of 1st and 3rd wall: 1-2-3-4 Right stomp, hold, hold, hold

**RESTART: At 7th wall after 48 counts**

**FINAL: At 8th wall after 24 counts: Left step fwd, turn 1/2 right (X 3 times)**

**SUGGESTION : Remember, every time you do STEP, CROSS, STEP, CROSS, SIDE ROCK, CROSS, HOLD (17-24)you are at 6.00; every time you do ROCK STEP, BACK, HOLD, COASTER STEP, HOLD (49-56) you are at 12.00**

**DANCE AND HAVE FUN!!! :-))**

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