

Old Town Road

拍數: 48 牆數: 0 級數: Intermediate - Funky
編舞者: Ysaline Leonard (BEL) - September 2019
音樂: Old Town Road (Not Your Dope Remix) - Lil Nas X



Intro : 16 counts - no tag, no restart

[1-8] MAMBO CROSS, MAMBO CROSS, OUT R/L, CROSS, OUT R/L, SLIDE, STEP

1&2 Step R to R, recover, cross step R over L
3&4 Step L to L, recover, cross step L over R
5&6 Out-out, cross, out-out
7-8 Big step to L & slide, weight on R

[9-16] ROCK STEP, STEP BACK & SWEEP, STEP BACK & SWEEP, R/L SAILOR

1-2 Rock Step L forward, recover
3-4 Step back L with sweep R, step back R with sweep L
5&6 Cross step R behind L, step L to L, step R to R
7&8 Cross step L behind R, step R to R, step L to L

[17-24] ROCK STEP, JUMP-KICK, STEP BACK, MAMBO WITH ¼ L 2X

1-2 Rock step L forward, recover
&3-4 Jump back on R, kick L, step back L
5&6 Step R to R, recover with ¼ turn L weight on L, step R forward
7&8 Step L forward, recover with ¼ turn L weight on R, step L to L

[25-32] ½ R, ½ R, JUMP, JUMP ½ R, JUMP ½ R, SHIMMY

1-2 ½ turn R and step R to R, touch L beside R
3-4 ½ turn R on R and step L to L, step R to R
5&6 Jump feet appart, jump ½ turn R feet appart, jump ½ turn R feet appart
7&8 Shimmy R, shimmy L, shimmy R

[33-40] KICK-BALL-ROCK, KICK-BALL-ROCK, CROSS MAMBO, CROSS MAMBO

1&2& Kick R, ball R cross over L, rock step L to L, recover
3&4& Kick L, ball L cross over R, rock step R to R, recover
5&6& Cross step R over L, recover, step R to R
7&8 Cross step R over L, recover, ¼ turn R and step R forward

[41-48] PIVOT ½ R, PIVOT ¼ R, CROSS MAMBO, JUMP ¼ L 3x

1-2 Step L forward, pivot ½ turn R and weight on R
3-4 Step L forward, pivot ¼ turn R and weight on R
5&6 Cross L over R, recover, step L on L
7&8 Jump ¼ turn L joined feet, jump ¼ turn L joined feet, jump ¼ turn L joined feet