AB Get Up Early in the Morning



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: K. Sholes (USA) & Shirley Blankenship (USA) - October 2019

音樂: I Get Up Early In the Morning - Roger Miller



Section 1: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

1-4 Walk RLR forward, Hold,

5-8 Roll hips LRLR.

Section 2: Walk (with Hip Rolls) X3, Hold, Hip Rolls X4

1-4 Walk LRL back, Hold,

5-8 Roll hips RLRL.

Section 3: Step, Touch X4 (with 1/4 turn)

Step R to side, Touch L next to R, Step L to side, Touch R next to L,
Step R to side, Touch L next to R, Step L 1/4 left, Touch R next to L.

Section 4: Step, Together, Step, Touch X2 (with Hip Rolls)

Step R to side, Step L next to R, Step R to side, Touch L next to R,
Step L to side, Step R next to L, Step L to side, Touch R next to L.

^{**}Restarts: Walls #3 & #5 after Section 2...