

Everyone Knows

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lesley Stewart (SCO) - October 2019
音樂: The Weight Is Gone - Albin Lee Meldau



Intro: 5 count intro start on the word KNOWS

Restart: Wall 4 dance the first 8 counts and restart the dance*****

WALK FORWARD R & L, ANCHOR STEP, FULL TURN BACK, BEHIND SIDE CROSS

1-2 Walk forward right & left
3&4 Anchor step R-L-R
5-6 ½ turn left stepping forward on left, ½ turn left stepping back on right

Easy Option: walk back left, right

7&8 Sweep left leg out as you step behind right, step right to right side, cross step left over right*****

ROCK, RECOVER, CROSS SHUFFLE, ¼ TURN, STEP, LEFT LOCK STEP

1-2 Rock right out to side, recover on left
3&4 Cross step right over left, step left to left side, cross step right over left
5-6 ¼ turn right stepping back on left, step back on right
7&8 Step back on left, lock right in front of left, step back on left

TOE TOUCH, ½ TURN, STEP ½ TURN, SKATE LEFT, RIGHT, SHUFFLE FORWARD

1-2 Touch right toe back, ½ turn right
3-4 Step forward on left, ½ turn right
5-6 Skate left, right
7&8 Shuffle forward left

TOE SWITCHES, HEEL SWITCHES, STEP ½ TURN, STEP ½ TURN

1&2& Point right toe to right side, bring back in place, point left toe to left side, bring back in place
3&4& Touch right heel forward, bring back in place, touch left heel forward, bring back in place
5-6 Step forward on right, ½ turn left
7-8 Step forward on right, ½ turn left

Easy Option: right rocking chair

Start Again.....Happy Dancing.....