The MONSTER Mash



拍數: 32 編數: 2 級數: Absolute Beginner

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音樂: Monster Mash - Bobby "Boris" Pickett & The Crypt-Kickers



Begin on "working in the lab"

WALK FWD RLRL 1/4 TURN R, (ARC PATTERN), ARMS STRAIGHT OUT IN FRONT

1-2	Step forward with R leg straight and lean slightly to right
3-4	Step forward with L leg straight and lean slightly left
5-6	Step forward with R leg straight and lean slightly to right
7-8	Step forward with L leg straight and lean slightly left

STEP HITCHES BACK RLRL

1-2	Step RF back, Hitch LF up (optional finger snaps)
3-4	Step LF back, Hitch RF up (optional finger snaps)
5-6	Step RF back, Hitch LF up (optional finger snaps)
7-8	Step LF back, Hitch RF up (optional finger snaps)

MODIFIED SCISSORS (RL)

1-4	RF Step R, Step LF together, RF crosses LF and Hold (push and cross)
5-8	LF Step L. Step RF together, LF crosses RF and Hold (push and cross)

STEP-TURNS 1/2 L, 1/4 L

Step RF forward, Pivot 1/2 turn left (weight on left)
Step RF forward, Pivot 1/4 turn left (weight on left)

STYLING IDEA: Try to keep legs straight when doing the step-turns left

REPEAT

No tags, no restarts

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