

Breaking Out

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ann-Kristin Sandberg (NOR) - October 2019
音樂: Breaking Out - Smash Into Pieces : (iTunes)



INTRO: 16 counts

Diagonal steps forw-Rock recover-Coaster step

1&2 Step R foot diagonal forw to R, Step L next to R, Step R diagonal forw to R
3&4 Step L diagonal forw to L, Step R next to L, Step L diagonal forw to L
5&6 Step R foot forw, Recover onto L, Step R foot backw
7&8 Step L foot backw, Step R next to L, Step L foot forw

Step-Pivot ¼ turn L-Cross-Rock recover- Cross- Rumbabox

1&2 Step R foot forw, Pivot ¼ turn L, Cross R over L (F09)
3&4 Step L out to L side, Recover onto R, Cross L over R
5&6 Step R to R side, Step L next to R, Step R forw
7&8 Step L to L side, Step R next to L, Step L foot backw

Side-Together-Side- Touch- Side- Together- ¼ turn L- Step- Pivot ¼ turn L- Cross-Rock recover-Cross

1&2& Step R to R side, Step L next to R, Step R to R side, Touch L next to R
3&4 Step L to L side, Step R next to L, ¼ turn L stepping L forw (F06)
5&6 Step R forw, Pivot ¼ turn L, Cross R over L (f03)
7&8 Step L to L side, Recover onto R, Cross L over R

Side-Together –Side- Heel- Side- Cross- Side- Heel- Diagonal backw- Diagonal forw

1&2& Step R to R side, Step L next to R, Step R to R side, Touch L heel forw
3&4& Step L to L side, Cross R over L, Step L to L side, Touch R heel forw
5&6& Step R diagonal backw to R, Touch L next to R, Step L diagonal backw, Touch R next to L
7&8& Step R diagonal forw, Touch L next to R, Step L diagonal forw, Touch R next to L

ENJOY & HAPPY DANCING!

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