

Giddy On Up

COPPER KNOB
BY STEPHENETS

拍數: 40 牆數: 2 級數: Improver WCS
編舞者: Beverly Sprouse - October 2019
音樂: Giddy On Up - Laura Bell Bundy



Start dancing on lyrics

KICK LEFT FORWARD (TWICE), COASTER STEP, KICK RIGHT FORWARD (TWICE), COASTER STEP

1-2 Kick left forward twice
3&4 Step back on left foot, bring right next to left, step forward on left
5-6 Kick right forward twice
7&8 Step back on right foot, bring left next to right, step forward on right

*Option: Triple steps in place can replace the coaster steps for beginners (ie: step L-R-L for 3&4 and L-R-L in place for 7&8)

STEP OUT, OUT, STEP IN, IN, HIP BUMPS OR ROLLS

1-2 Step left to front left side, step right to right side
3-4 Step left backward to starting position, step right next to left
5-8 Bump hips, right, left, right, left

*Option: Steps 5-8, bump hips 2x right and 2x left

JAZZ BOX WITH ¼ TURN RIGHT, SHUFFLE FORWARD (R-L)

1-4 Cross right over left, step left back, step right turn ¼ right, step left forward
5&6 Step right slightly forward, slide left foot to instep of right foot, step slightly forward on right
7&8 Step left slightly forward, slide right foot to instep of left foot, step slightly forward on left

JAZZ BOX WITH ¼ TURN RIGHT, RIGHT SAILOR, LEFT SAILOR

1-4 Cross right over left, step left back, step right turn ¼ right, step left forward
5&6 Cross right behind left, step left to side, step right slightly forward
7&8 Cross left behind right, step right to side, step left slightly forward

KICK BALL CHANGE, KICK BALL CHANGE, JAZZ WITH TOUCH

1&2 Kick right foot forward, step down on right ball of foot, step down on left ball of foot
3&4 Kick right foot forward, step down on right ball of foot, step down on left ball of foot
5-8 Cross right over left, step left back, step right to side, touch left

REPEAT

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