

Me and Jack

拍數: 48 牆數: 4 級數: Low Intermediate
編舞者: Stephen Pistoia (USA) - October 2019
音樂: Me and Jack - Jon Pardi : (iTunes)



Intro: 16ct or Start on vocals

**(1-8) RT HEEL FORWARD TOE TOUCH SHUFFLE RT, LT HEEL FORWARD TOE TOUCH SHUFFLE LT
(optional triple full turn RT 3&4, triple full turn LT on 7&8 if you love spinning)**

1-2 RT heel forward – bring RT toes back next to LF and touch
3&4 step RF out to RT – step LF next to RF – step RF out to RT
5-6 LT heel forward – bring LT toes back next to RF and touch
7&8 step LF out to LT – step RF next to LF – step LF out to LT

(9-16) CROSS MAMBO CROSS MAMBO 1/8 PIVOT 1/8 PIVOT

1&2 rock RF over LF – recover on LF – step RF next to LF
3&4 rock LF over RF – recover on RF – step LF next to RF
5-6 step RF forward – pivot on balls of both feet making a 1/8 turn LT taking weight on LF
7-8 repeat 5-6 (9:00)

Restart happens here on wall 6

(17-24) RT HEEL JACK LT HEEL JACK, WALK BACK R,L COASTER STEP

1&2& cross RF over LF – step LF out to LT – kick RT heel diagonally – step RF next to LF
3&4& cross LF over RF – step RF out to RT – kick LT heel diagonally – step LF next to RF
5-6 step LF back – step RF back
7&8 step LF back – step RF next to LF – step LF forward (9:00)

(25-32) CHARLESTON STEPS X 3 SAILOR ¼ TURN LT

1-2 step RF forward - swing LF forward with a touch
3-4 swing LF back taking weight on LF- swing RF back with a touch
5-6 step RF forward taking weight on RF – swing LF forward with a touch
7&8 step LF behind RF making ¼ turn LT – step RF next to LF – step LF forward (6:00)

(33-40) DWIGHT STEP X 2 COASTER STEP, FORWARD SHUFFLE

1-2 swivel LT heel to RT while RT toes swivel LT besides LF with RT heel pointing out to RT –
 swivel LT toes towards RF while RT toes swivel out to RT pointing out RT.
3-4 swivel LT heel to RT while RT toes swivel LT besides LF with RT heel pointing out to RT –
 swivel LT toes towards RF while RT toes swivel out to RT pointing out RT.
5&6 step RF back - step LF next to RF – step RF forward
7&8 step LF forward – step RF next to - step LF forward (6:00)

(41-48) WALK WALK SHUFFLE WALK WALK SHUFFLE MAKING A ¾ TURN

1-2 step RF forward – step LF forward making ¼ turn RT
3&4 step RF forward making ¼ tun RT– step LF next to RF – step RF forward (12:00)
5-6 step LF forward making a ¼ turn RT– step RF forward
7&8 step LF forward – step RF next to LF – step LF forward (3:00)

*4ct Tag happens here at the end of wall 2 sway hips R,L,R,L

Hi everyone! Song is 4:52 long but end the dance at 3:17!! you will clearly here it! Hopefully they will come out with a radio edition.

Any questions contacts @ pistoias@ymail.com have fun enjoy!!!!

<https://www.youtube.com/channel/UCFqvilaAoeyKeirNZp2TrVQ> <https://www.facebook.com/Dancebullies27/>
<https://www.facebook.com/search/top/?q=copperhead%20line%20dancing>

Last Update - 30 Jan. 2020 - R3
