

# The Older I Get - NC

COPPER KNOB  
BYEPOSTETS

拍數: 32      牆數: 4      級數: Improver NC  
編舞者: Dorthe Michelsen (DK) - October 2019  
音樂: The Older I Get - Alan Jackson



**Intro: 16 counts, start on "Get" - No tag – no restart**

**Section 1: Basic NC right and left, Dorothy forward right and left**

1-2&      Step right to the right side, rock back on left, recover on right  
3-4&      Step left to the left side, rock back on right, recover on left  
5-6&      Step diagonally forward on right, lock left behind right, step forward on right  
7-8&      Step diagonally forward on left, lock right behind left, step forward on left

**Section2: Rock forward right, recover on left, turn ½ right, basic NC left, vine ¼, sway X3**

1-2&      Rock forward on right, recover on left, turn ½ right on right  
3-4&      Step left to the left side, rock back on right, recover on left  
5-6&      Step right to the right side, step left behind right, ¼ turn right on right  
7-8&      Sway LRL

**Section 3: Rumbabox forward right, rumbabox back right (digital 8)**

1-2&      Step right to the right side, step left together, step forward on right  
3-4&      Step left to the left side, step right together, step back on left  
5-6&      Step right to the right side, step left together, step back on right  
7-8&      Step left to the left side, step right together, step forward on left

**Section 4: Rock, recover, together, X2, basic NC right, sway X3**

1-2&      Rock forward on right, recover on left, step right together  
3-4&      Rock forward on left, recover on right, step left together  
5-6&      Step right to the right side, rock back on left, recover on right  
7-8&      Sway LRL

**Start again**

**Ending: You will begin the dance for the final time facing 9:00.**

**In last section (6:00) dance 1-6& touch right toe across left (7), ½ unwind left (8)**