The Older I Get - NC



拍數: 32 牆數: 4 級數: Improver NC

編舞者: Dorthe Michelsen (DK) - October 2019

音樂: The Older I Get - Alan Jackson



Intro: 16 counts, start on "Get" - No tag - no restart

| Section 1: | · Racic NC | right and left | Dorothy forward | d right and left |
|------------|-------------|--------------------|--------------------|--------------------------------|
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| 1-2& | Step right to the right side, rock back on left, recover on right |
|------|--|
| 3-4& | Step left to the left side, rock back on right, recover on left |
| 5-68 | Step diagonally forward on right, lock left behind right, step forward |

5-6& Step diagonally forward on right, lock left behind right, step forward on right 7-8& Step diagonally forward on left, lock right behind left, step forward on left

Section2: Rock forward right, recover on left, turn ½ right, basic NC left, vine ¼, sway X3

| 1-2& | Rock forward on right, recover on left, turn ½ right on right |
|------|---|
| 3-4& | Step left to the left side, rock back on right, recover on left |
| | |

5-6& Step right to the right side, step left behind right, ¼ turn right on right

7-8& Sway LRL

Section 3: Rumbabox forward right, rumbabox back right (digital 8)

| 1-2& | Step right to the right side, step left together, step forward on right |
|------|---|
| 3-4& | Step left to the left side, step right together, step back on left |
| 5-6& | Step right to the right side, step left together, step back on right |
| 7-8& | Step left to the left side, step right together, step forward on left |

Section 4: Rock, recover, together, X2, basic NC right, sway X3

| 1-2& | Rock forward on right, recover on left, step right together |
|------|---|
| 3-4& | Rock forward on left, recover on right, step left together |
| 5-6& | Step right to the right side, rock back on left, recover on right |
| 7-8& | Sway LRL |

Start again

Ending: You will begin the dance for the final time facing 9:00.

In last section (6:00) dance 1-6& touch right toe across left (7), ½ unwind left (8)