

# American Patrol

拍數: 104      牆數: 4      級數: Intermediate  
編舞者: Carl Sullivan (AUS) - October 2019  
音樂: American Patrol - Glenn Miller : (Album: iTunes And Other Cds Of Glenn Miller)



## Each Sequence ¼ Right

- 1&2      Kick R fwd, Ball change R-L  
3-4      Bend knees and walk fwd R, L on balls of feet  
5&6-7-8      Repeat above steps 1-4
- 1-2-3-4      Kick R fwd, Bend R leg at R knee, Kick R backwards, Step back on R  
5-6-7-8      Step L back, Replace fwd on R, Step L fwd, Hold
- 1-2-3-4      Cross strut R foot over L, Strut back L toe-heel  
5-6--7-8      R toe-heel Strut to R side, Step L fwd in front of R, Hold
- 1-2-3-4      Step R fwd on R diagonal, Swivel L fwd (Heel, toe, heel) towards R foot  
5-6-7-8      Step L fwd on L diagonal, Swivel R fwd (Heel, toe, heel) towards L foot
- 1-2      Step R back on R diagonal, Touch L beside R  
3-4      Step L back on L diagonal, Touch R beside L  
5-6-7-8      Step R to R, Cross-step L over R, Step R to R, Touch L heel fwd on L diagonal
- 1-2      Step down on L, Touch R beside L  
3-4      Step R fwd on R diagonal, Touch L beside R  
5-6-7-8      Step L to L, Step R behind L, ¼ L Step L fwd, Hold
- 1-2-3-4      Lock-step fwd on R (R, L, R), Hold  
5-6-7-8      Lock-step fwd on L (L, R, L), Hold
- 1-2-3-4      Step R fwd, Pivot ½ turn L onto L, Step R fwd, Hold  
5-6-7-8      Step L fwd, Pivot ½ turn R onto R, Step L fwd, Hold
- 1&2-3&4      Charleston fwd & back with R, Charleston back with L & fwd  
5&6-7&8      Repeat Charleston fwd & back, & back & fwd
- 1&2      Touch R toe to R side, Slightly lift R toe, Touch R to R side  
3&4      Step R behind L, Step L to L, Cross-step R over L  
5&6      Touch L toe to L side, Slightly lift L toe, Touch L to L side  
7&8      L Sailor ¼ L
- 1-2-3-4      Step R to R, Hold, Rock L behind R, Replace on R  
5-6-7-8      Step L to L, Hold, Rock R behind L, Replace on L
- 1-8      V step .....Restart on 2nd Wall
- 1&2&3&4&      Zig Zag fwd and back with Step Touches on diagonals  
5&6&      Vine R (R, L, R), Touch L beside R  
7&8      Step L to L, Step R behind L, ¼ L Step L fwd

Restart: On Wall 2 after 96 counts (after V Step)

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