

# Down for Your Lovin'

拍數: 0                      牆數: 0                      級數: Phrased Advanced  
編舞者: Fred Whitehouse (IRE) & Shane McKeever (N.IRE) - September 2019  
音樂: Goodbye (feat. Nicki Minaj & Willy William) (R3HAB Remix) - Jason Derulo & David Guetta



Intro – none, starts straight away

Sequence: A, B, B, C, C, A, B, B, Tag, C, C, A, B, C, C

## Part A: 48 Counts

**A1: Step R, cross rock, side rock, behind side cross, rock R, recover 1/4 turn L with flick**

1                      Step R to R diagonal  
2&3&                Cross rock L over R, recover on R, side rock L to L, recover on R  
4&5                   Step L behind R, step R to R side, Cross L over R  
6-7                   Rock R to R, recover on L making 1/4 turn L flick R (9.00)

**A2: Mambo fwd, weave 1/2 turn R, kick & heel ball cross**

8&1                   Rock fwd R, recover on L, step back on R sweeping L  
2&3                   Step L behind R, step R to R, Step 1/8 R fwd L  
4&5                   Step R fwd, make 1/8 turn R step L to L, make 1/8 turn R step back R  
6&7&                Step L behind R, make 1/8 turn R step R to R, kick L over R, Step L to L side  
8&1                   R heel to R, close R next to L, cross L over R (3.00)

**A3: Hold, out out ball cross shuffle, & together, body roll, behind, 1/8 turn L**

2                      Hold  
&3&4&5             R out, L out, R in, cross L over R, R to R, cross L over R  
&6                    R to R facing L diagonal, 1/8 turn L stepping L next to R (1.30)  
7                      Body roll  
8&                    Step R back, make 1/8 turn L step L to L (12.00)

**A4: Touch side touch side touch, boogie walk, rocking chair, 1/2 turn right**

1&2&                Touch R next to L, step R to R, touch L next to R,, step L to L  
3                      Touch R next to L click fingers to sides  
4&5                   Boogie walk R, L, R  
6&7&                Rock fwd L, recover R, rock back L, recover R  
8                      Make 1/2 turn R stepping back on L

**A5: (Pony step back, 1/4 turn L with shimmy or shoulder rolls) x2**

1&2                   Rock back R, recover on L, step back on R  
3&4                   Make 1/4 turn L step L to L shimmying/roll shoulders  
5&6                   Repeat 1&2  
7&8                   Repeat 3&4

**A6: Pony step back, 1/4 turn L with attitude, R sailor step, hook L behind R, unwind 3/4 turn L**

1&2                   Rock back R, recover on L, step back on R  
3&4                   Make 1/4 turn L step L to L shimmying/roll shoulders  
5&6                   Step R behind L, step L to L, step R to R  
7-8                   Hook L behind R, unwind 3/4 turn L (12.00)

## Part B:

**B1: Right basic, 1/4 turn L waving, 1 1/2 turn R, jazzbox 1/4 turn L, hold**

1-2-3-4             Step R to R, hold, step L behind R, cross R over L  
5-6                   Make 1/4 turn L step fwd on L waving with R hand

7-8 1/2 turn R step fwd R, 1/2 turn R step back L,

1-2 1/2 turn R step fwd R sweeping LF, hold

3-4-5-6 Cross L over R, step back on R, 1/4 turn L stepping L to L side, hold

**Arm movement**

7-8 R arm to R closing fist, L arm to L closing fist

&1-2 Pull both arms in to body, throw arms up opening hands palms up, hold

3-4 Close palms as you pull arms half way to L sway R, pull arms down to R side sway L

**Part C: 16 counts**

**C1: Big step R, L together, out out, heel turn, R toes up down, step 3/4 pivot R, finger move**

1 Big step towards R diagonal on R

2&3 Step L next to R, R out, L out

&4&5 Twist R heel in, twist L heel out making 1/4 turn R, R toe up push bum out, hold (3.00)

&6-7& Close R next to L, step fwd L, pivot 3/4 turn R on R, step L to L right index finger up

8 e&a Right finger down L,R,L,R (zig zag movement, finished pointed at R foot)

**C2: Look down, heel twist, ball side bodyroll, ball rock, hitch, cross & cross & cross 1/2 turn R**

1&2 Pointing R finger on R foot looking down twist R heel out, in, out

&3-4 Step ball of R next to L, step L to L making a body roll (3-4 on diagonal R 1.30)

&5&6 Step ball of R next to L, rock L to L, recover on R hitching L (12.00), cross L over R

&7&8 Make 1/2 turn R stepping R to R, cross L over R, step R to R, cross L over R

**Tag: 12 counts**

1-2 Pop R hand and chest x2 (R hand in height of head making L shape with R arm)

3-4 Pop L hand and chest x2 (L hand in height of head making L shape with L arm)

5-6 Raise R arm straight fwd bend at wrist fingers pointing down, (drop R arm) raise L arm straight fws bend at wrist fingers pointing down (drop L arm)

7-8 Raise R elbow to R side hand down, raise L elbow to L side hand down

&1-2 R foot step in, L foot step in looking down, Raise both hands like your under arrest

3&4& Run around one full turn R keeping arms up R,L,R,L

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