

Stack It Up

拍數: 32 牆數: 2 級數: Novice WCS
編舞者: Gina Kargoscha (DE) - October 2019
音樂: Stack It Up (feat. A Boogie wit da Hoodie) - Liam Payne



Restarts: 3rd, 6th and 8th walls after 16 counts

[1-8] 3x Walk, Heel, Cross, 1/8 Turn, Monkeywalks

1-2 Step RF fwd, Step LF fwd
&3-4 Step RF fwd, Tap Left heel to left, Step on LF left
5-6 Cross RF over LF, 1/8 Turn left (10:30) Step LF fwd
&7 Step RF fwd with bend knee, Step LF fwd with bend knee
8 Point RF fwd

[9-16] Cross, 1/8 Turn L, Step, Step Turn, Step, 3/4 Turn R, Hip Bump

1-2 Cross RF over LF, 1/8 Turn left (9:00) Step LF fwd
3&4 Step RF fwd, 1/2 Turn left (3:00) Step LF fwd, Step RF fwd
5-6 1/2 Turn right Step LF back, 1/4 Turn right Step RF right
7 Transfer weight on LF with left heel and hip up
& Transfer weight on RF with left hip down
8 Step on LF

(Restart in 3rd, 6th and 8th wall)

[17-24] Cross, 1/4 Turn R, Back, Coaster Step, Full Turn R, 1/4 Turn R, Syncopated Side-Rock, Cross

1-2 Cross RF over LF, 1/4 Turn right (3:00) Step LF back
3&4 Step RF back, Close LF to RF, Step RF fwd
5-6 1/2 Turn right Step LF back, 1/2 Turn right Step RF fwd
7&8 1/4 Turn right (6:00) Step LF left, Step RF in place, Cross LF over RF

[25-32] Side, Sweep, Sailor Turn, Cross, Side, Cross Unwind, 1/2 Turn R, Side, Syncopated Cross Rock, 1/4 Turn L, Step fwd

1& Step RF right, Sweep LF from front to back during 1/4 Turn left (3:00)
2&3 Step LF behind RF, Step RF right, Step LF left
4&5 Cross RF over LF, Step LF left, Cross RF behind LF
6,7& Unwind 1/2 Turn (9:00) right, Cross LF over RF, Recover on RF
8 1/4 Turn left (6:00) Step LF fwd

Last Update – 24 Oct. 2019 – R2