

# La Vie Est Belle

COPPERKNOB  
STEPSHEETS

拍數: 48                      牆數: 2                      級數: Phrased Intermediate  
編舞者: Guillaume Richard (FR) - September 2019  
音樂: Parle à ta tête - Indila



Phrased : A, BB, A, BB, AAAA, A (16 counts), Restart, BBBB  
Starting the dance facing the back (6:00)

Intro: 32 counts

Restart : At wall 11, do the first 16 counts and start again facing 6:00

## PART A

### [1 – 8] Toe Strut x2, Step ½ turn, Step Fwd, Sweep

1-2                      Place R toe forward (1), Drop R heel (2) 12:00  
3-4                      Place L toe forward (3), Drop L heel (4) 12:00  
5-6                      Step RF forward (5), Make ½ turn L stepping on L (6) 12:00  
7-8                      Step RF forward (7), Sweep LF from the back to the front (8) 12:00

### [9 – 16] Cross, Side Step, Cross, Point, Cross, Side Step, Cross, Side Step

1-2                      Cross LF over RF (1), Step RF to R (2) 12:00  
3-4                      Cross LF behind RF (3), Point RF to R (4) 12:00  
5-6                      Cross RF over LF (5), Step LF to L (6) 12:00  
7-8                      Cross RF behind LF (7), Step LF to L (8) 3:00

### [17 – 24] Cross Rock Step, Side Shuffle, Cross Rock Step, Shuffle ¼ turn Step

1-2                      Cross RF over LF (1), Recover on LF (2) 3:00  
3&4                      Step RF to R (3), Step LF next to RF (&), Step RF to R (4) 3:00  
5-6                      Cross LF over RF (5), Recover on RF (6) 3:00  
7&8                      Step LF to L (7), Step RF next to LF (&), Make ¼ turn L stepping LF forward (8) 6:00

### [25 – 32] ¼ turn Step, Touch, ½ turn Step Scuff, Cross, Side Step, Cross, Side Step

1-2                      Make ¼ turn L stepping RF to R (1), Touch LF next to RF (2) 6:00  
3-4                      Make ½ turn L stepping LF forward (3), Scuff RF forward (4) 6:00  
5-6                      Cross RF over LF (5), Step LF to L (6) 9:00  
7-8                      Cross RF behind LF (7), Make ¼ turn L stepping LF forward (8) 9:00

## PART B

### [1-8] Step Fwd x2, Charleston Step x2, Step Bwd x2, Charleston Step x2

1-2                      Step RF forward (1), Step LF forward (2) 12:00  
3-4                      Point RF in front of LF as you swivel heels (3), Repeat count 3 (4)  
**Option arms: Point your R index finger next to right temple on count 3 and 4 12:00**  
5-6                      Step RF backward (5), Step LF backward (6) 12:00  
7-8                      Point RF behind LF as you swivel heels (7), Repeat count 7 (8) 12:00  
**Option arms: Point your L index finger next to your left temple on count 7 and 8**

### [9-16] Step Point x2, Step ½ turn, Step on place x2

1-2                      Step RF forward (1), Point L toe in front of RF (2) 12:00  
**Option arms: Point your R index finger next to right temple on count 2**  
3-4                      Step LF backward (3), Point R toe behind LF (4) 12:00  
**Option arms: Point your L index finger next to left temple on count 4**  
5-6                      Step RF forward (5), Make ½ turn L stepping on LF (6) 6:00  
7-8                      Step RF on place (7), Step LF on place (8) 6:00  
**Option arms: Point your R index finger next to your R temple on count 7, Point your L index finger next to your**

**L temple on count 8**

**Ending At the last B of the dance, on count 13 and 14, change the steps by a Rock Step Forward and finish the dance with counts 15 and 16**

13-14 Step RF forward (13), Recover on LF (14) 12:00

15-16 Do the normal counts 15 and 16 of part B 12:00

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