

La Vie Est Belle

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Guillaume Richard (FR) - September 2019
音樂: Parle à ta tête - Indila



Phrased : A, BB, A, BB, AAAA, A (16 counts), Restart, BBBB
Starting the dance facing the back (6:00)

Intro: 32 counts

Restart : At wall 11, do the first 16 counts and start again facing 6:00

PART A

[1 – 8] Toe Strut x2, Step ½ turn, Step Fwd, Sweep

1-2 Place R toe forward (1), Drop R heel (2) 12:00
3-4 Place L toe forward (3), Drop L heel (4) 12:00
5-6 Step RF forward (5), Make ½ turn L stepping on L (6) 12:00
7-8 Step RF forward (7), Sweep LF from the back to the front (8) 12:00

[9 – 16] Cross, Side Step, Cross, Point, Cross, Side Step, Cross, Side Step

1-2 Cross LF over RF (1), Step RF to R (2) 12:00
3-4 Cross LF behind RF (3), Point RF to R (4) 12:00
5-6 Cross RF over LF (5), Step LF to L (6) 12:00
7-8 Cross RF behind LF (7), Step LF to L (8) 3:00

[17 – 24] Cross Rock Step, Side Shuffle, Cross Rock Step, Shuffle ¼ turn Step

1-2 Cross RF over LF (1), Recover on LF (2) 3:00
3&4 Step RF to R (3), Step LF next to RF (&), Step RF to R (4) 3:00
5-6 Cross LF over RF (5), Recover on RF (6) 3:00
7&8 Step LF to L (7), Step RF next to LF (&), Make ¼ turn L stepping LF forward (8) 6:00

[25 – 32] ¼ turn Step, Touch, ½ turn Step Scuff, Cross, Side Step, Cross, Side Step

1-2 Make ¼ turn L stepping RF to R (1), Touch LF next to RF (2) 6:00
3-4 Make ½ turn L stepping LF forward (3), Scuff RF forward (4) 6:00
5-6 Cross RF over LF (5), Step LF to L (6) 9:00
7-8 Cross RF behind LF (7), Make ¼ turn L stepping LF forward (8) 9:00

PART B

[1-8] Step Fwd x2, Charleston Step x2, Step Bwd x2, Charleston Step x2

1-2 Step RF forward (1), Step LF forward (2) 12:00
3-4 Point RF in front of LF as you swivel heels (3), Repeat count 3 (4)
Option arms: Point your R index finger next to right temple on count 3 and 4 12:00
5-6 Step RF backward (5), Step LF backward (6) 12:00
7-8 Point RF behind LF as you swivel heels (7), Repeat count 7 (8) 12:00
Option arms: Point your L index finger next to your left temple on count 7 and 8

[9-16] Step Point x2, Step ½ turn, Step on place x2

1-2 Step RF forward (1), Point L toe in front of RF (2) 12:00
Option arms: Point your R index finger next to right temple on count 2
3-4 Step LF backward (3), Point R toe behind LF (4) 12:00
Option arms: Point your L index finger next to left temple on count 4
5-6 Step RF forward (5), Make ½ turn L stepping on LF (6) 6:00
7-8 Step RF on place (7), Step LF on place (8) 6:00
Option arms: Point your R index finger next to your R temple on count 7, Point your L index finger next to your

L temple on count 8

Ending At the last B of the dance, on count 13 and 14, change the steps by a Rock Step Forward and finish the dance with counts 15 and 16

13-14 Step RF forward (13), Recover on LF (14) 12:00

15-16 Do the normal counts 15 and 16 of part B 12:00

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