

# Post Modern Swing

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Billy Crase (USA) & Carla Willis-Crase (USA) - October 2019  
音樂: The Middle (feat. Blake Lewis) - Scott Bradlee's Postmodern Jukebox : (iTunes)



Begin after 16ct. on the vocal.

No Tags or Restarts ( you're welcome )

## Shuffle R rock recover. Shuffle L rock recover

1&2      Step right to right side(1) Step left next to right(&) Step right to right side(2)  
3-4      Rock left back(3) Recover onto right(4)  
5&6      Step left to left side(5) Step right next to left(&) Step left to left side(6)  
7-8      Rock back right(7) Recover onto left(8)

## Toe Heel Struts Right and Left. Rocking chair

1-2      Step forward on right toe(1) Drop right heel(2)  
3-4      Step forward left toe(3) Drop left heel(4)  
5-6      Rock forward on right(5) Recover onto left(6)  
7-8      Rock back on right(7) Recover onto Left(8)

## Step Pivot 1/2 Step Pivot 1/4 Rocking chair

1-2      Step right forward(1) Pivot 1/2 turn left(2) weight on left  
3-4      Step right forward(3) Pivot 1/4 turn left(4) weight on left  
5-6      Rock forward on right(5) Recover onto left(6)  
7-8      Rock back on right (7) Recover weight on left (8)

## Kickball change Kickball change Step pivot 1/4 Step pivot 1/4

1&2      Kick right forward(1) Step on ball of right(&) Step left in place(2)  
3&4      Kick right forward(3) Step on ball of right(&) Step left in place(4)  
5-6      Step forward right(5) pivot 1/4 turn left(6) weight on left  
7-8      Step forward right(7) pivot 1/4 turn left(8) weight on left completing 1/4 turn

Repeat

Ending: On the last wall you will be facing 6 o'clock. Dance up to count 16( rocking chair )

Replace the step 1/2, step 1/4 with the following:

Step forward right(1) Pivot 1/4 turn left(2) weight on left  
Step forward right(3) pivot 1/4 turn left(4) weight on left  
Step right in place(5) triple step left right left in place(6&7)