

Overcomer

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Bonita Malone (USA) - October 2019
音樂: Overcomer - Mandisa



#36 count introduction

TAG after Wall 4

RESTART 16 counts into Wall 9

R FWD SHUFFLE, L FWD SHUFFLE, ½ PIVOT TURN, ½ PIVOT TURN

1&23&4 R fwd shuffle (1&2), L fwd shuffle (3&4)

5678 ½ pivot turn R, L (5,6), ½ pivot turn R, L (7,8)

R SCISSOR, BALL CROSS, L SCISSOR, BALL CROSS

123&4 Step R side (1), step together L (2), step R cross front (3), L ball (&), step R cross frt (4)

567&8 Step L side (5), step together R (6), step L cross front (7), R ball (&), step L cross frt (8)

RESTART HERE on Wall 9

¼ MONTERREY TURN, ¼ MONTERREY TURN

1234 Point R side (1), step R together ¼ turn (2), point L side (3), step L together (4)

5678 Point R side (5), step R together ¼ turn (6), point L side (7), step L together (8)

STEP R SIDE, ROCK BACK L, RECOVER R, STEP L SIDE, ROCK BACK R, RECOVER L, STEP 1/4 TURN R, STEP TOGETHER L

1234 Step R side (1), rock back L (2), recover R (3), step L side (4)

5678 Rock back R (5), recover L (6), step R ¼ turn to R (7), step together L (8)

***TAG ROCKING CHAIR**

1234 Rock fwd on R (1), recover L (2), rock back R (3), recover (4)

Wall 2 begins at 9 o'clock

Wall 3 begins at 6 o'clock

Wall 4 begins at 3 o'clock

*TAG facing 12 o'clock

Wall 5 begins at 12 o'clock

Wall 6 begins at 9 o'clock

Wall 7 begins at 6 o'clock

Wall 8 begins at 3 o'clock

Wall 9 begins at 12 o'clock – 16 counts only

RESTART begins 12 o'clock - Wall 10

Wall 11 begins at 9 o'clock

Wall 12 begins at 6 o'clock

Wall 13 begins at 3 o'clock