

Be Mine

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner Contra
編舞者: Karianne Heimvik (NOR) - October 2019
音樂: He Will Be Mine - Carlene Carter



(This dance can be danced to all sorts of music, such as “Why don’t we just dance” by Josh Turner and any tune with a steady beat)

If you want to make it more difficult you can do the vines as turns.

(1-8) Right toe fan x2, vine to the right

1,2 fan RF toes to right, fan RF toes back to center
3,4 fan RF toes to right, fan RF toes back to center
5,6,7,8 step RF to right, step LF behind RF, step RF to right, step LF next to RF
(optional turn on count 5,6,7)

(9-16) Left toe fan x2, vine to the left

1,2 fan LF toes to right, fan LF toes back to center
3,4 fan LF toes to right, fan LF toes back to center
5,6,7,8 step LF to left, step RF behind LF, step LF to left, touch RF next to LF
(optional turn on count 5,6,7)

(17-24) RF shuffle fwd, scuff, LF shuffle fwd, scuff

1,2,3 step fwd on RF, step LF next to RF, step fwd on RF
4 scuff LF passed RF
5,6,7 step fwd on LF, step RF next to LF, step fwd LF
8 scuff RF passed LF

(25-32) rockingchair, jazzbox ½ turn

1,2,3,4 rock fwd on RF, recover weight onto LF, rock back on RF, recover weight onto LF
5,6,7,8 cross RF over LF, make ¼ turn to the right stepping back on LF, make ¼ turn to right stepping RF to right, step LF next to RF

Start dance again!

Enjoy, smile and have fun!!
