

# Follow Me

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 4      級數: Phrased Low Intermediate  
編舞者: Joy Kim (KOR) - October 2019  
音樂: Follow Me - Hardwell & Jason Derulo



Sequence: A-B-B-B-A-B-B-B-A-A-B-B

Intro: 32 counts

## Part A: 32 counts

### [1-8] ROCK CROSS, RECOVER, ROCK SIDE, RECOVER, BACK, SAILOR FORWARD, STEP

1 2 3 4      Cross RF over LF (1), Recover LF (2), Rock RF to right side (3), Recover LF (4)  
5 6&7 8      Step RF back (5), Cross LF behind RF (6), Step RF to right side (&) Step LF forward (7),  
Step RF forward (8) 12:00

### [9-16] 1/4 TURN R SIDE, SAILOR SIDE, BEHIND, SIDE, ROCK CROSS, RECOVER, SIDE

1 2&3      1/4 turn right while step LF to left side (1), Cross RF behind LF (2), Step LF to left side (&),  
Step RF to right side (3) 3:00  
4 5 6 7 8      Step LF behind RF (4), Step RF to right side (5), Cross LF over RF (6), Recover RF (7), Step  
LF to left side (with sway) (8)

### [17-24] SWAY SIDE X2, SHUFFLE R SIDE, ROCK BACK, RECOVER, 1/4 TURN R SHUFFLE L SIDE,

1 2 3&4      Step RF to right side (with sway) (1), Step LF to left side (with sway) (2), Step RF to right side  
(3), Step LF beside RF (&), Step RF to right side (4)  
5 6 7&8      Rock LF back (5), Recover RF (6), 1/4 turn right while Step LF to left side (7), Step RF beside  
LF (&), Step LF to left side (8) 6:00

### [25-32] ROCK BACK, RECOVER, 1/4 TURN L BACK, 1/2 TURN L FORWARD, ROCKING CHAIR

1 2      Rock RF back (1), Recover LF (2),  
3 4      1/4 turn left while step RF back (3) 3:00, 1/2 turn left while step LF forward (4) 9:00  
5 6 7 8      Rock RF forward (5), Recover LF (6), Rock RF back (7), Recover LF (8)

## Part B: 32 counts

### [1-8] KICK, CROSS, BACK, SHUFFLE SIDE, ROCK BACK, RECOVER, 1/2 TURN R SHUFFLE BACK

1 2 3      Kick RF forward (1), Cross RF over LF (2) Step LF back (3) 9:00  
4&5      Step RF to right side (4), Step LF beside RF (&), Step RF to right side (5)  
6 7      Rock LF back (6), Recover RF (7)  
8&1      1/2 turn right while shuffle back stepping L-R-L (8&1) 3:00

### [9-16] TOGETHER, STEP, 1/4 TURN L TOUCH SIDE X2, CROSS, 1/4 TURN R BACK, 1/4 TURN R SIDE

2 3      Step RF next to LF (2), Step LF forward (3)  
4 5      1/4 turn left while touch RF to right side (4) 12:00, 1/4 turn left while touch RF to right side (5)  
9:00  
6 7 8      Cross RF over LF (6), 1/4 turn right while step LF back (7) 12:00, 1/4 turn right while step RF  
to right side (8) 3:00

### [17-24] STEP, HOLD, TOGETHER, STEP, ROCK FORWARD, RECOVER, FULL TURN R, 1/4 TURN R SIDE

1 2&      Step LF forward (1), Hold (2), Step RF next to LF (&)  
3 4 5      Step LF forward (3), Rock RF forward (4), Recover LF (5)  
6 7 8      1/2 turn right while step RF forward (6) 9:00, 1/2 turn right while step LF back (7) 3:00, 1/4  
turn right step RF to right side (8) 6:00

### [25-32] ROCK CROSS, HOLD, RECOVER, TOGETHER, ROCK CROSS, SIDE, TOGETHER, CROSS, BIG STEP-DRAG, TOGETHER

1 2& Cross LF over RF (1), Hold (2) Recover RF (&  
3 4 Step LF beside RF (3), Cross RF over LF (4)  
5&6 Step LF to left side (5), Step RF beside LF (&), Cross LF over RF (6)  
7 8 Drag LF to RF while big step RF to right side (7), Step LF next to RF (8)

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