

Seasons

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Muhammad Ghufon (INA) & Andrico Yusran (INA) - September 2019
音樂: Seasons (feat. Omi) - Shaggy



Restarts. : On walls 2 & 8

Start Dance ♥ after 16 counts

S1# SAMBA WHISK - LOCK FORWARD - PIVOT 1/2 (L / R)

1a2 Step R to side , L cross behind R , R in place
3&4 Step L forward , R lock behind L , L forward
5&6 Step R forward 1/2 turn to L , L in place , R forward
7&8 Step L forward 1/2 turn to R , R in place, R forward

S2# KICK BALL SIDE - SAILOR 1/4 - KICK HOOK - PUSH FORWARD - MAMBO (BACK JUMP)

1&2 Step R kick forward , R tap in place, L side touch
3&4 Step L cross behind R 1/4 turn to L , R side , L forward
5&6 R kick heel forward , heel up cross over L, R push forward
7&8 Step L forward , R in place , back jump (both R / L)

S3# SYNCOPATED - HOLD - BACK- FORWARD - PIVOT 1/4 - CROSS - SIDE TOUCH

1&2& Step R to side , L in place , R cross over L, L to side
3&4 Step R in place , L forward , R forward
5&6 hold, R back close beside L , L forward 1/4 turn to R (weight on R)
7&8 step R in place , L cross over R , R side touch

S4# HITCH - CLOSE - HITCH - COUSTER STEP - LOOCK SUFFLE - MAMBO

1&2 Step R knee up , R close beside L , L knee up
3&4 Step L back , R in place , L forward
5&6 Step R forward, L cross behind R , R forward
7&8 Step L forward, R in place, L close beside R

Enjoy The Dance
