

Hey Now!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gary O'Reilly (IRE) - September 2019
音樂: Hey Now - Ira Losco



#16 count intro

Section 1: CROSS ROCK, SIDE ROCK, BACK ROCK, WALK, CROSS SIDE BACK/HITCH, BACK SIDE FWD

1&2& Cross rock R over L (1), recover on L (&), rock R to R side (2), recover on L (&)
3 & 4 Cross rock R behind L (3), recover on L (&), step forward on R towards R diagonal (4) [1:30]
5&6& Cross L over R (5), step R to R side (&), 1/8 L stepping back on L (6), hitch R knee (&)
[12:00]
7 & 8 Step back on R (7), 1/8 L stepping L to L side (&), step forward on R (8) [10:30]

Section 2: PUSH, RECOVER, & PUSH, RECOVER, & CROSS, BACK, SIDE TAP, SIDE TOGETHER

1 2 & Push/rock forward on L (1), recover on R (2), step L in place next to R (&)
3 4 & Push/rock forward on R (3), recover on L (4), step R in place next to L (&)
567& Cross L over R (5), step back on R (6), 1/8 L stepping L to L side (7), tap R next to L (&)
[9:00]
8 & Step R to R side (8), step L next to R (&) *RESTART Wall 7

Section 3: CROSS, BACK, SIDE, CROSS, BACK, TOGETHER, WALK, WALK, BALL ¼, BALL ¼

1 2 & Cross R over L (1), step back on L (2), step back on R on slight diagonal (&)
3 4 & Cross L over R (3), step back on R (4), step L next to R (&)
5 6 Walk forward on R (5), walk forward on L (6)
& 7 Step on ball or R next to L (&), ¼ L stepping forward on L (7) [6:00]
& 8 Step on ball or R next to L (&), ¼ L stepping forward on L (8) [3:00]

Section 4: R VAUDEVILLE & L VAUDEVILLE, & CROSS, 1/4, 1/4, WALK

1&2& Cross R over L (1), step L to L side (&), tap R heel to R diagonal (2), step R in place (&)
3&4& Cross L over R (3), step R to R side (&), tap L heel to L diagonal (4), step L in place (&)
5 6 Cross R over L (5), ¼ R stepping back on L (6) [6:00]
7 8 ¼ R stepping forward on R (7), walk forward on L on slight diagonal L (8) [9:00]

*Restart: After 16 counts during Wall 7 facing [3:00]

**Ending: dance finishes during Wall 12 facing the front [12:00] after count 1 of section 3.

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