

Turn On The Healing

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sadiyah Heggernes (NOR/UK) - September 2019
音樂: Turn Me On (feat. Vula) - Riton & Oliver Heldens : (Single)



Music Available from iTunes

#16 Count Intro – start on vocals

Section 1: Kick Together, Touch, Touch, Kick, Together, Touch, Touch

1-2 Kick R forward. Step R beside L
3-4 Touch L to L side. Touch L beside R
5-6 Kick L forward. Step L beside R
7-8 Touch R to R side. Touch R beside L

Section 2: Paddle ¼ Turn L x 2, Step Forward, Touch & Clap, Step Back, Touch & Clap

1-2 Touch R forward. ¼ turn L.
3-4 Touch R forward. ¼ turn L - 6.00
5-6 Step forward on R. Touch L beside R & clap
7-8 Step back on L. Touch R beside L & clap

Section 3: Side, Behind, ¼ Turn R, Step Forward, Pivot ½ Turn R, Step Forward, Hip Bumps

1-2 Step R to R side. Cross L behind R
3-4 ¼ turn R stepping forward on R . Step forward on L - 9.00
5-6 ½ pivot R. Step forward on L - 3.00
7-8 Step R to R side bumping hips R-L

Section 4: Behind, Side, Cross, Sweep, Cross, Side, Behind, Point

1-2 Cross R behind L. Step L to L side
3-4 Cross R over L. Sweep L round from back to front
5-6 Cross L over R. Step R to R side
7-8 Cross L behind R. Point R to R side

Choreographer's Note:

Can be used as a floor split with 'Legend', by Robbie McGowan Hickie & Karl Harry Winson