

Rilassamento

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 2 級數: Beginner waltz
編舞者: KyungOk Kim (KOR) - September 2019
音樂: Rilassamento - Gianni Pavesi



Intro: 12 Counts

[1-6] REVERSE BASIC FWD, REVERSE BASIC 1/4 TURN

1-3 LF forward, RF side, LF together
4-6 RF backward 1/4 turn, LF side, RF together

[7-12] REVERSE BASIC FWD, REVERSE BASIC 1/4 TURN

1-3 LF forward, RF side, LF together
4-6 RF backward 1/4 turn, LF side, RF together

[13-18] TWINKLE, WEAVE

1-3 LF cross, RF side, LF slightly diagonal forward
4-6 RF cross, LF side, RF behind

[19-24] LUNGE, ROLLING TURN (FULL TURN) R

1-3 LF side bend knee, RF side point (for 2 counts)
4-6 RF forward 1/4 turn, LF backward 1/2 turn, RF side 1/4 turn

TAG: 12 COUNTS, AFTER WALL 6 (FACING 12:00)

CROSS ROCK, RECOVER, SIDE

1-3 LF cross rock, RF back recover, LF side
4-6 RF cross rock, LF back recover, RF side

BACK STEP, SWEEP

1-3 LF back step, RF sweep (for 2 counts)
4-6 RF back step, LF sweep (for 2 counts)

Contacts: vailkang@hanmail.net